# **Explore Your Options**

A Kansas Guide to Information and In-Home Services





### **Explore Your Options:**

Fall 2014 - 20th Edition



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This publication is also available at www.kdads.ks.gov

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#### Introduction

Welcome to the 20th Edition of Explore Your Options. This book will help you through the maze of services available to Kansas seniors and those with disabilities. It is designed to help you take an active role in making decisions that affect your health care and living situation. Even if you are faced with a serious illness or disabling disease, knowing that you have options to help you maintain your independence and stay at home can be a great comfort. The purpose of this book is to let you know about possible services in your community that you can use to find solutions that meet your special needs.

**Part One** will provide you with a better understanding of the kind of agencies and services that can help you stay at home.

**Part Two** will discuss housing and long term care options. This will be of interest if you are considering moving or if you have been residing in a nursing home and are planning to return to your home.

Part Three includes maps and lists of various agencies and organizations that may be able to provide more information.

**Part Four** will allow you to find information about what particular services are available in your county. For various reasons, a service may be available but not listed. We encourage you to call the Aging and Disability Resource Center at 1-855-200-2372 for more information. Staff will provide you with current information about services in your county and connect you with the right people to discuss those services.

It is our hope that this guide will be a useful tool as you build solutions that may help you remain at home longer.

Visit our web site at www.kdads.ks.gov
It is linked to many other resources that will help you explore your options.

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## Is there anyone to help me figure out what I need?

Sometimes it's easier to put a jigsaw puzzle together than to figure out how to find affordable services that will come to your home and assist you with those necessary tasks that have become increasingly difficult to manage by yourself. When you call the Aging and Disability Resource Center (ADRC), you can talk to an information and assistance professional or an options counselor who can help you figure out what you need and how to find the right services. If needed, there may also be people who can visit you in your home to talk things over.

Case managers are people who can help when you are puzzled by multiple problems that make staying at home seem too difficult. If you are thinking about moving to a nursing home, a case manager can discuss your options and possible solutions. A case manager will help you start services and check back regularly, if necessary, to see that things are working out for you.

Sometimes case managers use other names such as "care managers" or "care coordinators," but the service should be the same. To find a case manager, call the Aging and Disability Resource Center, a Resource Center for Independent Living (for people under age 60), or a private agency of your choice. Private agencies may charge from \$50 to \$150 per hour.

#### Are you hiring help at home?

Once you've decided what services you need, the next step is to choose whom you want to provide those services. This can be a scary time, because you may feel vulnerable to the strangers coming to help you. "Will I be safe?" or "Will they take advantage of me?" may be questions you are asking yourself.

If you are working with a case management entity, she or he may be able to assist you in locating quality people to come into your home. But whether you are hiring your own helpers or working with a case manager, there are some questions you can ask and steps you can take to make sure that you know what to expect and are satisfied with the quality of people scheduled to help you.

When hiring helpers at home, ask or do the following BEFORE they enter your home:

- Ask the agency for references (people who know about the agency and the kind and quality of work it does), and check them out.
   Ask questions like:
- Does the agency have extra insurance on its employees to cover theft and/or breakage?
- Is it a member of the Better Business Bureau or the Chamber of Commerce?

If so, has anyone lodged a complaint about the agency or one of its employees?

If you are not satisfied with the answers to any of these questions, look for another agency.

Ask for references on each employee and check them out. This is especially important if you are hiring someone who is not from a known agency.

Interview the worker. If possible have a family member or friend with you the first time you meet the worker or during any interviews you have. Remember, you will likely feel more comfortable if someone you trust is there as you get to know your new helper. There are many books and articles with questions on how to interview or professional staff that can provide assistance.

Ask about the training and supervision of the people you are hiring. Some questions may be:

- Is the worker trained to do the kind of work you need done? By whom?
- What kind of supervision do they receive? (should it be under a nurse or social worker)?
- What task is each worker allowed by law to perform? You should not ask workers to jeopardize their jobs by asking them to do things that they are not allowed or trained to do.

Ask how payment arrangements are made (if possible, **NEVER** pay cash):

- Will you be billed AFTER the services are provided or do you pay BEFORE you get them?
- What if you are not satisfied or the worker doesn't show up? Do you get a credit? How do you get another worker?
- What kind of receipt is provided for services?
   When you have hired someone to shop for you, insist that they provide you with receipts for purchases they've made for you.
- Will you have to sign or initial a timesheet?
   Will staff have to use your telephone for verification of their arrival and departure?
- Do not give a worker access to your checking account, credit cards or Social Security number.

For the first few times, ask for identification BEFORE letting the person into your home. Read their card, badge, etc., and make sure this is who you are expecting. If not, contact the agency before opening your door.

Ask for and expect regular contact with the helper's supervisor. Make sure you can reach the supervisor whenever there is a problem or concern about the worker.

Remove temptation. Once you have hired someone to help you, take a look around your home.

- Do you have valuable jewelry that will be noticed by the worker? If so, put it in a safe deposit box or other secure location.
- Do you have a lot of cash on hand? It is never safe to have money tucked away in a drawer.
   Put it in the bank.
- Do you have your blank checks and bank statements sitting on a desk in plain view? Again, put them away. Purchasing a small locking file cabinet for such items can remove a lot of temptation for others.
- Do you have valuable or fragile family heirlooms? Now may be the time to give those items to whomever you have selected to receive them after you are gone. You can still have the pleasure of seeing these items when you visit their home without the worry of accidental breakage.

Remember that you are the customer and have the right to expect courteous, respectful help from people who are on time and work hard. This is true regardless of the funding source used to pay for the services. As helpers, they have the right to expect prompt payment for service (usually to their agency) and be treated with respect.

If you do your homework, you will likely find terrific people who will help make the changes in your life easier to handle... and you may also make some wonderful new friends.

## What are your responsibilities in hiring help at home? Should you pay federal or state employment taxes for a household worker?

An IRS publication dealing with this subject, "Handbook for Employers," is available by calling **800-870-3676** and requesting Publication Number 926 or access the web at www.irs.gov

There are two basic things you must decide:

- Is the person "your" employee, or is he or she working for you on a contract basis?
- Did you pay this person less than \$1,900 in 2014? This amount may go up slightly each year.

Employees could include babysitters, caretakers, health aides, housekeepers, maids, nannies, private nurses, cleaning people, yard workers, and other similar domestic workers. The worker is your employee if you control not only what work is done, but how it is done. Usually you will provide the tools and equipment your employee uses. If the worker controls how the work is done, the worker is not your employee but is self-employed. A self-employed worker usually provides his or her tools and offers services to the general public. There are also rules about hiring people who are not citizens of this country.

#### How do you pay these taxes?

If the person is your employee, and you paid him or her more than \$1,900 in a year, you may need to withhold and pay Social Security and Medicare taxes, pay federal unemployment tax, or you may need to do both. You do not need to withhold federal income tax from your household employee's wages. If your employee asks you to withhold it, you can choose to do so. There are forms to be filled out and submitted to the IRS along with your payment.

This is a complicated issue. IRS does not accept ignorance of the law as an excuse. If you hire someone to work in your home regularly and pay him or her more than \$1,900, please investigate the tax consequences. More information is available on the web at www.irs. gov or you may choose to talk with a financial planner or tax preparer. You may also call the IRS at 800-829-1040 with your tax questions.

## Part One: Services and Information that help you remain in your home

#### 2-1-1

**2-1-1** is an easy-to-remember telephone number that connects people with important community services and volunteer opportunities. United Way **2-1-1** will help callers find resources for basic human needs such as food banks, clothing closets, shelters, transportation, support for children, youth and families, physical and mental health resources and employment services.

**2-1-1** is an easy way to get help or give help. One call gives people access to thousands of community resources. All **2-1-1** calls are confidential and free.

#### **Adult Abuse**

In Kansas vulnerable adults are persons 18 years of age or older who are alleged to be unable to protect their own interests, who are harmed or threatened with harm (financial, mental, physical) through action or inaction by themselves or others. This includes the elderly, physically disabled, mentally ill and developmentally disabled individuals.

Protective services for vulnerable adults living in their own homes are provided by the Department for Children and Families (DCF). Protective services for vulnerable adults living in a licensed residential home are provided by the Kansas Department for Aging and Disability Services (KDADS) for the purpose of preventing or alleviating abuse, neglect, exploitation or fiduciary abuse.

A report should be made when an adult is in a harmful situation or in danger of being harmed, unable to protect himself/herself, a specific incident or pattern of incidents suggests abuse, neglect, or financial abuse, or exploitation is occurring. A report should also be made when an adult is unable to provide for or obtain the services necessary to ensure their safety and wellbeing or to avoid physical or mental harm or illness. Specific information is needed in a report. Be sure to include the name of the person, their exact location, any information about the nature of the abuse, neglect, financial abuse or exploitation and specific names,

addresses and phone numbers of any caretakers, next of kin, witnesses or the alleged abuser.

#### **Elderly Living at Home:**

Call your local DCF office or 800-922-5330 (also for child abuse)

#### **Institutional Abuse Hotline:**

800-221-7973

Person Living in a Licensed Residential Home or Hospital

800-842-0078

#### **Adult Day Care**

Adult day care centers provide a variety of services, from health care to recreation. Centers are usually open during working hours and may stand alone or be located in senior centers, adult care homes, or religious organizations. Adult day care staff may monitor medications, provide hot meals and snacks, and social activities. Currently, adult day care centers are licensed by the Kansas Department for Aging and Disability Services. It is important to visit the center, talk with staff, and speak with other families who use the center to make sure that the center is able to meet your needs.

For more information, contact the Aging and Disability Resource Center, hospital, doctor, senior center, public health department, or look in the county specific Directory of Services under "Adult Day Care." A statewide listing of licensed Adult Day Care Providers is available online at www.kdads.ks.gov.

## Aging and Disability Resource Connection (ADRC)

Aging and Disability Resource Centers are welcoming and accessible places where individuals can obtain information and assistance in locating home and community-based long-term care services and institutional care. ADRCs purpose is to streamline access to long-term support services and empower individuals to make informed choices about their care. ADRCs do this by providing consumers with information on their options for services, as well as assistance with application processes, eligibility determinations and follow-up as needed. In doing so, ADRCs help people conserve their personal resources, maintain self-sufficiency and delay or prevent the need for potentially expensive long-term institutional care.

ADRCs have strong partnerships with a wide variety of service providers and organizations to facilitate referrals to those organizations according to the customers' needs and choices. The Kansas Aging and Disability Resource Center has a public-access website at www.kdads.ks.gov with a statewide On-line Resource Database of services and a variety of other tools to provide information and assist consumers and family caregivers with their long-term care needs.

Services provided by ADRCs include:

- Options Counseling
- Person-Centered Transition support following hospitalization or nursing home stays.
- Functional eligibility assessments for HCBS waivers including physical disabilities, traumatic brain injury and frail elderly
- Follow-up to ensure customers' goals are being achieved and that needed services are being provided.

Call 1-855-200-2372 or see Map on Page 28 for the Aging and Disability Resource Center for your area.

## Alzheimer's Disease and Related Dementia

Dementia is a general term for several diseases that cause changes in an individual's orientation, ability to remember, reasoning and judgment. Ability to learn, personality, language skills and a person's perception can also be affected. The losses caused by dementia interfere with a person's ability to function normally in personal, social and occupational activities.

Alzheimer's disease accounts for 60 to 80 percent of all dementia cases. It is an irreversible progressive brain disorder that occurs gradually and results in memory loss, behavior and personality changes and a decline in thinking abilities. It is the sixth leading cause of death among adults.

It is estimated over 5 million Americans suffer with the disease. The number of Americans with Alzheimer's and other dementias is increasing every year because of the steady growth in the older population. (From the 2009 Alzheimer's Association - Alzheimer's Disease Facts and Figures Report)

Individuals who are having dementia symptoms should discuss the signs with their family physician. The physician will order the appropriate tests or refer the individual to another physician, or to an Alzheimer's diagnostic center. An early and thorough diagnostic workup is important to rule out other diseases and conditions that can also cause dementia. The diagnostic process could include medical history, psychiatric evaluation, physical examination, neurological exam and laboratory tests.

The Alzheimer's Association Safe Return Program assists in the safe return of individuals with Alzheimer's or a related dementia who wander and become lost. It is a nationwide identification, support and registration program working at the community level. Contact the Alzheimer's Association for registration information.

Alzheimer's disease is a medical condition and not a psychological or emotional disorder. The more you, your family and friends learn about the disease, the more everyone will be able to support one another.

The Kansas Alzheimer's Association provides support groups, training for caregivers and health care professionals, video/book library for loan or purchase, publications, referrals, newsletters, diversity outreach and safe return registry.

#### Alzheimer's Association Chapters in Kansas

Heart of America Chapter 3846 W. 75th Street, Prairie Village, KS 66208 913-831-3888 or 800-272-3900 www.alz.org/kansascity/index.asp

Heart of America Chapter Northeast Kansas Regional Office 3625 SW 29th St., Ste 102 Topeka, KS 66614 785-271-1844 or 800-272-3900

Central and Western Kansas Chapter 1820 E. Douglas Avenue, Wichita, KS 67214 316-267-7333 or 800-272-3900 www.alz.org/centralandwesternkansas

The following organizations provide information and resources:

National Alzheimer's Association 225 N. Michigan Ave., Floor 17 Chicago, IL 60601 800-272-3900 24-hour care counselor www.alz.org message boards/chat rooms at www.alz.org/messageboards

Parkinson Foundation of the Heartland 8900 State Line Road, Suite 320 Overland Park, KS 66206 913-341-8828 www.parkinsonheartland.org

National Parkinson Foundation, Inc. 200 SE 1st St., Ste 800 Miami, FL 33131 800-473-4636 www.parkinson.org

#### **Assistive Devices and Technology**

Assistive technology can be any item, piece of equipment, or product that is used to increase, maintain or improve the living and working capabilities of people with disabilities. Examples of assistive devices include Braille printers, computer-based communication systems, electronic page-turners for books, power wheelchairs, talking books and calculators, bath benches, grab bars and telephone devices for persons with hearing impairments.

Check with the Aging and Disability Resource Center, church, civic group, veterans' organization, senior center or lending closet for assistive devices such as wheelchairs, walkers, hospital beds, etc. You may also contact the statewide lending closet at Occupational Center of Central Kansas (OCCK) in Salina at 800-526-9731. There may be other lending agencies in your area.

In addition, the agencies listed below provide information and referral, advice on financing, training, and technical assistance about assistive devices and technology. You may also contact the Aging and Disability Resource Center or local Center for Independent Living for additional information and financing suggestions. See the maps on pages 28 and 30 for one near you.

Envision, Wichita 888-311-2299

Kansas Assistive Technology Access Sites Kansas Equipment Exchange 800-526-3648 or www.atk.ku.edu

K-Loan (low interest loans) 866-465-2826 V/TT 620-421-6554 V/TT

Occupational Center of Kansas (OCCK), Salina 800-526-9731 TDD/TTY 785-827-9383

United Cerebral Palsy of Kansas, 316-688-1888 ext. 538

#### **Blind and Visually Impaired Services**

DCF provides a variety of employment and independent living services for Kansans who are blind or visually impaired. Vocational Rehabilitation provides services to help individuals achieve or maintain competitive integrated employment. The Business Enterprise Program provides career opportunities in food service facilities, snack shops, and vending machine routes. Independent Living services are available for persons who are age 55 or older. Contact them at **866-213-9079**.

Ikan represents a consortium of independent living centers, headed by Prairie Independent Living Resource Center (PILR) Hutchinson, that are working in 76 counties to provide provision of independent living services for persons who are age 55 and older who experience blindness or visual impairments. Ikan has five core services: individual and system advocacy, peer counseling, information and referral, independent living skills training, and deinstitutionalization. They also offer orientation and mobility training, Braille transcription, and assistive technologies.

Contact an Independent Living Resource Center for more information and to see if these services are available in your area.

## **Family Caregiver Support Program** (FCSP)

Caregiving may be one of the most important roles you will undertake in your lifetime. Typically, it is not an easy role, nor is it one for which most of us are prepared. Whether you are a caregiver, know a caregiver or are expecting to become a caregiver, there is information and assistance to help. Call the Aging and Disability Resource Center (see page 28).

The Family Caregiver Support Program (FCSP) is a federally funded program under the Older Americans Act (OAA). In Kansas, Aging and Disability Resource Centers provides FCSP designed to assist caregivers in the areas of health and finance, and in making decisions and solving problems related to their caregiving roles. FCSP services may be provided to a:

- Caregiver an adult family member, or another individual, who is an informal provider of in-home and/or community care to an older individual who is 60 years of age or older, or an adult caring for an individual with Alzheimer's Disease or a related disorder with neurological or organic brain dysfunction.
- Grandparent or relative by blood, marriage, or adoption who is age 55 or older providing care for a child who is younger than 19, and;
   1) lives with the child; 2) acts as the primary caregiver of the child; and 3) is raising the child either formally through legal custody or guardianship, or informally.
- Grandparent or relative by blood or marriage who is age 55 or older providing care for an individual, age 19 to 59, with a disability. This caregiver cannot be the individual's parent.

Each Aging and Disability Resource Center (ADRC) will receive an allocation of funds for FCSP service delivery. The ADRC will determine what the service needs are for their specific area through public hearings, focus groups, etc. The services that may be available include:

- Information
- Assistance
- Caregiver Training
- Individual Counseling
- Support Groups
- Respite Care Respite enables a caregiver to be temporarily relieved from their caregiving responsibilities
- Supplemental Services

For more information on this program, contact the Aging and Disability Resource Center. See page 28 for the one closest to your area.

#### **Disability Services**

Home and Community Based Services for the Physically Disabled (HCBS-PD) This program serves the physically disabled, ages 16 to 64, who meet medical, functional and financial guidelines. Individuals 65 years of age and older who meet the eligibility guidelines and were being served by the HCBS/PD waiver before the age of 65 years may choose to continue services or choose to access services through the HCBS/FE Waiver. Services available include: Assistive Services, Home Delivered Meals, Personal Services, Personal Emergency Response System/Installation, Medication Reminder/Installation, Medication Reminder Dispenser, and Sleep Cycle Support.

Services for this program are coordinated through Centers for Independent Living and independent case management agencies.

Centers for Independent Living are non-residential, community-based, private, non-profit organizations that are designed and operated by individuals with disabilities. The Centers for Independent Living offer varied services which may include individual and system advocacy, information and referral services, peer counseling, independent living skills, training, advocacy and legal services, housing assistance, personal skills instructions, help in obtaining assistive devices, communication services, and services through the Home and Community Based Waiver Services for the Physically Disabled program.

Call the Center for Independent Living for your area for more information. Refer to the map on page 30 for further information.

## **Kansas Department for Children** and Families (DCF)

Formerly the Kansas Department of Social and Rehabilitation Services (SRS), these offices provide a variety of cash assistance services and programs for families and older adults. Assistance might be available to help with food, heating costs, or medical expenses.

Some specific examples of programs are the Low Income Energy Assistance Program (LIEAP) which offers a one-time payment towards your winter heating

cost. This program is available only January through March each year. Food Assistance programs include the cash assistance program using a Vision card or the Emergency Food Assistance Program (TEFAP) commodity program. Eligibility criteria must be met for most programs under DCF.

DCF also determines Medicaid financial eligibility for assistance in paying nursing home costs. If you have a family member in a nursing home and can no longer private pay for their care, contact DCF for more information and an application form. If only one spouse is in the nursing home, you can also apply for a Division of Assets to help protect some assets for the at home spouse.

Contact the DCF office serving your area, check their website www.dcf.ks.gov or call **888-369-4777.** 

## **Kansas Commission on Disability Concerns (KCDC)**

KCDC provides disability-related information to the people of Kansas. Some of the key resources are disability service maps, disability resources, Americans with Disability Act (ADA) information, legislative information and more.

In addition, KCDC offers information on topics to assist people with disabilities in living as equal citizens. Contact them at **800-295-5232**, 711 for Relay Service or online at www.KCDCinfo.com

#### **Driving**

Giving up driving is very difficult for most people. Driving gives a person freedom and control, a sense of self-esteem and independence. Often concerns arise about elderly parents, neighbors or friends and their ability to drive safely. Some signs to watch for include: forgetting how to get to familiar places, failure to follow traffic signs, poor judgment of distance, making turns that are too wide or too tight, making poor decisions in traffic such as failing to yield or too slow to react to emergencies. Another sign is a series of fender-bender accidents.

Here are some simple tips to help you drive safely longer.

- Have regular check-ups including eye and hearing exams
- Take part in an exercise program so that you maintain your health and can react quickly
- Ask your doctor if any of your medications can affect your driving
- Reduce noise in your car; turn off the radio
- Ask passengers to not disturb you in high traffic or confusing situations
- Reduce long distance driving
- Plan rest stops along the way and allow plenty of time
- Do not use a cell phone while driving
- Do not travel with your pets unless they are restrained
- Avoid high traffic times and areas; drive only during the daylight hours
- Do not drive in bad weather; wear your seat belt properly; call 511 for road conditions
- Make sure your car seat and mirrors are adjusted for your height
- Keep your car well-maintained and equipped with emergency equipment such as a flashlight and blanket
- Take a refresher driving course to improve your skills and possibly get a discount on your insurance

As you begin thinking about driving less, consider other options. For example, is there a church van that provides transportation to church or can you create a car pool? Is there a pharmacy or grocery store that will deliver free or for a small fee? When there is a family event or major outing, ask other family members if you can ride with them.

Call the Aging and Disability Resource Center to find out about driver safety training opportunities in your area. There may also be other transportation options available in your area. The telephone number is **855-200-2372**.

#### **Eldercare Locator**

The Eldercare Locator is a national toll-free referral number funded by the U.S. Administration on Aging (AoA) to assist older people and their families in finding community services anywhere in the country.

Eldercare Locator Information Specialists take calls Monday through Friday, 8 a.m. to 7 p.m. All calls are confidential. Recorded voice messaging is available 24 hours a day. The toll-free number to call is

**800-677-1116**. Information is also available on line at www.eldercare.gov

#### **Emergency Alert Systems**

Many local hospitals and some specific agencies rent special emergency alert devices (sometimes called "personal emergency response" services). These devices can be easily activated by an individual if trouble occurs. Some devices are designed to be worn around the neck; others are designed to be placed at a fixed location in the home. When activated the device sends an emergency signal that calls for help. Emergency alert devices are helpful for persons with life threatening medical conditions and those who live alone.

The emergency alert devices, such as "LifeLine," have a one-time installation fee, plus a monthly charge. There may be some assistance in paying the charge. Contact the Aging and Disability Resource Center at **855-200-2372** for local information.

#### Fraud and Scams

"No one can take advantage of me; I'm too smart for that!" This phrase is often used by people who think they won't be a victim. Unfortunately, it does happen and it can happen to anyone. Senior citizens are especially vulnerable because they have a steady income, are at home more and are generally more trusting. Examples of common problems include door-to-door sales, home repair scams, Medicare and Medicaid fraud, mail order fraud and identity theft. Remember, if it sounds too good to be true, it probably is.

The following resources may be able to help if you or someone you know becomes a victim or you believe someone is trying to take advantage of you.

Kansas Senior Medicare Patrol (SMP) or Kansas Department for Aging and Disability/SHICK programs **800-860-5260** 

Federal Trade Commission **877-438-4338** (identity theft) www.ftc.gov

Kansas Attorney General, Consumer Protection Division **800-432-2310** or www.ksag.org

Kansas Charity Check, www.KsCharityCheck.org (check out Kansas charitable organizations before giving)

Kansas Insurance Department, www.ksinsurance.org **800-432-2484** 

Medicaid Fraud and Abuse 866-551-6328

Office of the Kansas Securities Commission, **800-232-9580** or www.ksc.ks.gov

No-Call Telemarketing, **888-382-1222** (to stop telemarketing calls)

Reduce junk mail by writing: Mail Preference Services P.O. Box 643 Carmel, NY 10512 www.dmachoice.org

To Report Mail Fraud: Postal Inspection Services **877-876-2455** http://postalinspectors.uspis.gov

Annual Free Credit Report: Equifax, Experian, Trans Union 877-322-8228 or www.annualcreditreport.com

Opt Out of Unsolicited Credit and Insurance offers **888-567-8688** www.optoutprescreen.com

## **Health Insurance and Prescription Drugs**

Medicare information is available on the www. medicare.gov website, including the option to enroll in Medicare Part D insurance. The Senior Health Insurance Counseling for Kansas (SHICK) program has volunteer counselors available statewide to answer questions about Medicare, explain the different policies and options, and help you enroll in Medicare Part D. SHICK volunteers offer confidential assistance and do not represent any insurance company. These volunteers are available to answer questions about Medicare, Medicare Supplement Insurance, Medicare Prescription Drug Coverage (Part D), Long-Term Care and other insurance concerns.

Volunteers can assist Medicare beneficiaries in applying to the Social Security Administration for extra help in paying for their Part D coverage. Volunteers can help beneficiaries apply for low-cost prescription drugs if the cost of prescription drugs creates a financial hardship. For the program nearest you, contact Senior Health Insurance Counseling for Kansas at 800-860-5260. You may also want to check the Kansas Department for Aging and Disability Services website at www.kdads.ks.gov/commissions/commission-onaging/medicare-programs/shick

#### **Helpful Insurance Booklets**

The Kansas Insurance Department produces several booklets on health insurance. These are available from the Consumer Assistance Division of the Kansas Insurance Department at **800-432-2484**. The booklets include the Medicare Supplemental Insurance Shoppers Guide and the Long Term Care Insurance Shoppers

#### **Home Health Care**

Home health care can include skilled nursing, occupational, respiratory, speech and physical therapy, or home health aide. It can include assistance with dressing, bathing, toileting, and self-administered medications. Home health care covers the use of assistive devices such as walkers, hospital beds, wheelchairs, and oxygen. Home health care is usually medically oriented and is different from the homemaker

and personal care services. People who provide home health care can be registered and licensed practical nurses, therapists, or homemaker-home health aides. They usually work through a home health agency, hospital, or public health department.

Kansas home health agencies must be licensed and surveyed annually. Also ask the agency if they are accredited by additional professional organizations and request a copy of the accreditation report. All home health agencies are required to follow the Client Bill of Rights and a copy should be given to each client. If you have any care related problems, call **800-842-0078**.

Medicare or Medicaid may pay for home health visits if all of the following conditions are met. You: a) must be homebound; b) need intermittent skilled nursing care, physical therapy, or speech therapy; c) must be under the care of a doctor who determines you need home health care and sets up a home health care plan; d) must use a home health agency certified to provide Medicare services; e) meet the age and resource eligibility guidelines when using Medicaid. You do not have to pay a deductible or coinsurance when you receive home health care covered by Medicare, with the exception of a 20% co-payment on durable medical equipment (like a wheelchair). Private insurance, Medicare supplement or long term care insurance may also cover some home health care expenses. Many home health agencies also offer services on a private pay basis. There may be other sources of funding assistance available as well. Call the Aging and Disability Resource Center for programs and eligibility information (page 28).

Home health agencies and adult care homes are required by Kansas law to check the criminal backgrounds of the people who have worked for them less than five years and of the people who apply for employment with them. Upon request by the agencies, the Kansas Department of Health and Environment makes the criminal background checks through the Kansas Bureau of Investigation records.

In general, home health agencies and adult care homes may not permit people to work for them who have been convicted of the Kansas crimes of capital murder, first degree murder, second degree murder, voluntary manslaughter, assisting suicide, mistreatment of a dependent adult, rape, indecent liberties with a child, aggravated indecent liberties with a child, aggravated criminal sodomy, indecent solicitation of a child, aggravated indecent solicitation of a child, sexual exploitation of a child, sexual battery, or aggravated sexual battery or of similar crimes under Federal or other state's laws. However, home health agencies and adult care homes are allowed to employ persons convicted of some types of crimes against persons, sex offenses, and crimes affecting family relationships (except those types of crimes listed above) as long as more than five years have passed since the potential employee satisfied the criminal sentence or parole.

For in-home services that aren't provided by home health agencies or adult care homes, and are funded through KDADS or the Aging and Disability Resource Centers, KDADS requires direct service providers to obtain sworn statements disclosing criminal convictions from the applicants, employees, and contractors who perform the in-home services.

Customers who choose individuals to provide in-home services for them under the self-directed care option of the Medicaid Home and Community Based Services Program are responsible for requesting a criminal background check from their service providers.

#### Where can I find more information?

Your hospital or physician may be your first source of information about home health care, but you may also call your public health department or the Aging and Disability Resource Center. The county specific Directory of Services or your telephone book's Yellow Pages (under "Home Health," "Home Care Services," "Nurses," or "Nursing Services") are also good sources of information.

### **Home and Community Based Services** – (HCBS)

The following is a list of the Home and Community Based Service Waivers available in Kansas under Medicaid:

 The HCBS/Autism Waiver provides services to children with Autism to receive early intensive intervention treatment and allow primary caregivers to receive needed support through services.

- The HCBS/ Intellectual and Developmental Disabilities (IDD) Program serves individuals age 5 and over who meet the definition of intellectual disability or having a developmental disability or are eligible for care in an Intermediate Care Facility for Individuals with an Intellectual Disability (ICF/IID).
- The **Technology Assistance** (HCBS-TA) Program serves individuals who are age 0 through 21 years, chronically ill or medically fragile and dependent upon a ventilator or medical device to compensate for the loss of vital bodily function and require substantial and ongoing daily care by a nurse, comparable to the level of care provided in a hospital setting, or other qualified caregiver under the supervision of a nurse to avert death or further disability.

Furthermore, the individual is hospitalized or at imminent risk of hospitalization, whose illness or disability, in the absence of home care services, would require admission to a hospital. The individual must be determined eligible for Medicaid.

- The **Traumatic Brain Injury** (HCBS-TBI) Waiver program is available for individuals who have sustained a traumatic brain injury caused by an external physical force, such as blunt or penetrating trauma or from accelerating-decelerating forces. The program provides rehabilitative services needed after injury to support regaining of functional skills necessary for the individual to remain in the community and be as independent as possible in a safe, healthy environment. The HCBS/TBI program services individuals 16 to 64 years of age who meet the criteria for TBI rehabilitation facility placement.
- The **Physically Disabled** (HCBS-PD) program serves the physically disabled, ages 16 to 64, who meet medical, functional and financial guidelines...
- Frail Elderly (HCBS-FE) The HCBS-FE program may enable a person to stay in his or her home or make other successful living arrangements in the community. In order to qualify for the HCBS-FE program, a person must be 65 years old, meet Medicaid income eligibility guidelines, and meet Medicaid long-term care functional assessment criteria.

#### • Serious Emotional Disturbance (SED)

The Home and Community Based Services Serious Emotional Disturbance (SED) Program serves as an alternative to inpatient psychiatric treatment for children and youth with mental health disorders. The program provides for the traditional Medicaid financial criteria to be waived and for children to be assessed for Medicaid financial eligibility based solely upon the child's income and resources and not that of the household. In addition to traditional Mental Health Services (Outpatient Therapy and Medication Management, for example) and State Plan Medicaid Services (Targeted Case Management and Community Psychiatric Support and Treatment, for example), SED program members can access an additional six (6) services not otherwise available:

- Parent Support, Education and Training
- Attendant Care
- Professional Resource Family Care
- Wrap around Facilitation
- Short Term Respite Care
- Independent Living/Skills Building

SED program services are provided by Community Mental Health Centers around the state. Only a qualified mental health professional (QMHP) employed by one of the centers can determine if a child or youth meets the clinical criteria for SED program eligibility.

These programs require both financial and functional eligibility to be met. The DCF office will notify you by letter and tell you how much your monthly obligation will be. Once eligibility is met, coordination of services is through a managed care organization. Contact the ADRC at 855-200-2372 or the DCF office closest to your location for further information.

#### Hospice

Hospice is a service that provides care and support to individuals and families coping with terminal illness. There are many independent providers of Hospice services. A physician's orders are required to receive Hospice care. Each patient is cared for by a team. Nursing and other medical and home-health personnel, social workers, chaplains and volunteers provide a range of services including pain relief, symptom management and supportive services for the patient and

caregiver. Hospice agencies are certified and surveyed by the Kansas Department of Health and Environment.

Services are provided whether the patient lives in a private home or a nursing home. The patient should be under a doctor's direction and services are done in cooperation with a designated caregiver. Arrangement for inpatient care is made when needed. Hospice staff assists the caregiver in caring for the individual. Members of the care team will visit on a regular basis or at the request of the caregiver. Staff can be reached 24 hours a day, seven days a week.

Hospice care may be covered by Medicare and/ or Medicaid if the patient has Part A Medicare, a physician's orders and a diagnosis of terminal illness.

Check with other insurance options to see if hospice coverage is provided.

Hospice agencies are located across Kansas. Discuss this option with your primary care physician to determine if it will help in your individual situation.

#### KanCare/Medicaid

KanCare was designed to provide comprehensive managed care for Kansans on Medicaid. KanCare delivers person-centered, coordinated care and is expected to generate better health outcomes. It also aims to curb the growth of spending on Medicaid services in Kansas. Spending will continue to increase, but at a slower pace than under the old, fragmented Medicaid program. Three managed care organizations (MCOs) have signed contracts to provide services across the state. These organizations will coordinate delivery of the Medicaid services already being provided, as well as preventative dental care for adults, heart and lung transplants and bariatric surgery.

More information on KanCare is available at www. kancare.ks.gov or to apply for Medicaid, contact the Department of Children and Families office for your area.

If you are already enrolled in KanCare contact the managed care organization you are assigned to: Amerigroup: 800-600-4441, TTY: 800-855-2880 Sunflower: 877-644-4623, TTY: 888-282-6428

United: 877-542-9238, TTY: #711

KanCare Ombudsman - The KanCare Ombudsman provides an independent and confidential resource for Kansas Medicaid members', with a primary focus on individuals participating in an HCBS waiver program or receiving other long-term care services through KanCare, and assists members in resolving their concerns.

Kancare.ombudsman@kdads.ks.gov **855-643-8180** www.KanCare.ks.gov/ombudsman.htm

#### Information and Referral/Assistance

Finding the right agency and the right phone number when you need help can be difficult. Aging Information and Referral/Assistance (I&R/A) provides seniors with a skilled professional who will help link them to the information or service they need. I&R/A Specialists will ask questions in order to find out what community or public assistance is available, what eligibility criteria must be met and help connect you with the right agencies or organizations. While each Area Agency on Aging has an I&R/A program, the way the service is provided varies. See the map on page 28 for the Area Agency on Aging closest to you.

#### **Legal Assistance**

Each Aging and Disability Resource Center contracts with a legal service provider in their area to provide legal assistance to seniors age 60 or older. A Senior Citizen Law Project (SCLP) attorney will consult with you about your issue. These legal service providers handle civil legal issues only. See page 28 to locate the SCLP in your area.

Legal assistance may also be available through the Elder Law Hotline. The Elder Law Hotline provides access to legal services for Kansas seniors age 60 or older. Hotline attorneys are available to answer questions for civil cases only. You will not be charged for the call or attorney time. You may call the Elder Law Hotline toll free number **888-353-5337** from 9:00 a.m. to 4:30 p.m. Monday through Friday, except legal

holidays. When you call, an intake person will take general information about you and transfer your call to an attorney. Attorneys who work with the Hotline are SCLP attorneys or private attorneys who handle elder law issues. The hotline also provides referrals to private attorneys through the Elder Law Referral Panel. These attorneys will charge you for their services.

#### "Meals on Wheels" and Home-Delivered Meal Programs

Home-delivered meals are available in many Kansas communities to individuals who have been determined to meet established eligibility criteria. Meals are delivered by volunteers. Frozen or "shelf-stable" meals requiring minimal preparation may be available in some areas. Some providers deliver two meals daily, but most deliver only one. Special diets may be available to those who need them. In some areas of the state, (e.g. remote, rural areas) a multi-day supply of meals may be delivered. A donation is suggested for meals, but is not a condition for receiving a meal. Spouses, regardless of age, can also receive a meal on a contribution basis if it is in the senior's best interest.

For more information, check the county specific Directory of Services under "Meals - Home Delivered," or call your Aging and Disability Resource Center.

#### **Medicare Savings Program**

The Medicare Savings Program is a federal program which assists Medicare beneficiaries in paying for Part A, Part B and Part D coverage. The Medicare Savings Program may help pay premiums, deductibles and co-insurance amounts, depending on income. To be eligible for this program, Medicare beneficiaries' must meet monthly income guidelines and maximum asset limits. Assets include money in a checking or savings account, stocks, or bonds. Countable assets do NOT include your home, a car, burial plots, up to \$1,500 for burial expenses, furniture, or up to \$1,500 of life insurance.

Individuals need to request a Medicare Savings Program application from their area Department for Children and Families (DCF) office. Acceptance into this program does not require an in-person interview though you will be required to provide financial information. Contact the DCF office in your area or call

888-369-4777.

#### **Mental Health**

Good mental health that results in productive activities, fulfilling relationships with others, and the ability to adapt to change and cope with adversity is necessary to age successfully. (Mental Health Report of Surgeon General, 1999) This does not mean that an older person never experiences any problems or disease, but that symptoms are treated and controlled, and do not interfere with leading a rewarding life. Unfortunately, many older people still believe the myth that mental health problems result from personal failure or weakness. This stigma means that they may not want to admit that a problem or symptom exists, and they do not seek help.

Mental disorders are not part of the normal aging process. Circumstances that can contribute to the development of mental health disorders in older adults include social isolation, stressful living conditions, bereavement, acute and chronic health conditions, and the burden of having to take care of a seriously impaired family member. Those who are at greatest risk have a great deal of stress, have difficulty adapting to changes in circumstances and routines, do not have supportive relationships, have difficulty relying on others to help cope with losses, or tend to have a negative outlook on life. Many older people develop mental health problems for the first time when they are in their later years. It is important to remember that these problems are treatable.

An individual primary care physician can help; however, the most successful treatment involves both medication and counseling therapies. Community Mental Health Centers (CMHC) receive state and local funds to provide mental health services to individuals in their provider area. They have sliding-scale fees and accept Medicaid, Medicare, private insurance and private pay. The Community Support Programs of the CMHCs generally organize services for the targeted population at the local level for adults. Case management is one of the core services. This network of CMHCs form an integral part of the total mental health system in Kansas. The independent, locally operated CMHCs are dedicated to fostering a quality, freestanding system of services and programs for the benefit of citizens needing mental health care and treatment. CMHCs initiate and maintain close cooperative working relationships with other groups, organizations, and individuals having similar interests and goals. The Community Mental Health Centers in Kansas are listed on page 31.

#### Money Follows the Person Demonstration Grant

Money Follows the Person (MFP) is a demonstration grant that permits funding to "follow the person" to the most appropriate and preferred setting of that resident's choice. Kansans can be served in the community as an alternative to nursing home care. This program shifts Medicaid's traditional emphasis on institutional care to a system offering greater choices that include Home and Community Based Services (HCBS) and help eliminate barriers that prevent residents from transitioning back into the community. This grant is administered through the Kansas Department for Children and Families (DCF), Kansas Department on Aging and Disability Services (KDADS) and Kansas Department of Health and Environment (KDHE). MFP provides transitional opportunities to individuals eligible for the following HCBS waiver populations: Frail Elderly, Physically Disabled, Traumatic Brain Injury and Intellectual/ Developmentally Disability.

#### To be eligible for this program the person must:

- Be a current resident of a nursing home or intermediate care facility for mental retardation (ICF/MR) with three months continuous stay, not counting Medicare reimbursement days
- Be Medicaid eligible at least one day prior to receiving MFP services
- Meet the functional eligibility for waivered services
- Have an interest in moving back to the community

#### **Services offered under the MFP demonstration:**

- HCBS waivered services specific to the waiver the individual would qualify for
- Transition services up to \$2,500 start-up cost.
- Home modification/assistive technology above the \$7,500 lifetime cap
- Transition Coordination Services
- Targeted Case Manager Service
- Therapeutic Support (for only two waiver
- populations)

The MFP demonstration grant has specific criteria of housing options; customers cannot reside in Residential Care Facilities, Homes Plus or Board and Care Homes and non-qualifying Assisted Living Facilities.

Contact your Aging and Disability Resource Center for more information. (see page 28).

## Program of All-Inclusive Care for the Elderly (PACE)

The Program of All-Inclusive Care for the Elderly (PACE) was developed by Medicare/Medicaid to meet the health-care needs of individuals who wish to continue to live in their communities.

The PACE program provides comprehensive health care services designed to:

- Enhance the quality of life and independence for older Kansans.
- Maximize dignity of and respect accorded to older Kansans.
- Enable older Kansans to live in their communities as long as possible.
- Preserve and support the older Kansan's family unit.

A team of professional and paraprofessional staff assesses the participant's needs, develops a plan of care with the individual and his/her caregiver, and delivers all services (including hospital and other acute care and, when necessary, nursing home ser-vices). The PACE provider coordinates and provides all needed preventive, primary, acute and long-term care services, so that older Kansans who need nurs-ing home level of care can continue living in the community. The PACE service package must include all Medicare- and Medicaid-covered services.

Those interested should contact one of the PACE organizations for an initial overview of PACE. To be eligible to enroll in the program an individual must meet the following requirements:

- Be 55 years of age or older;
- Be assessed to meet the functional eligibility guidelines established by the State of Kansas;
- Reside in the service area of the PACE organization; and
- Meet any additional program-specific eligibility conditions imposed under the PACE program agreement.

Currently, Kansas has two PACE Organizations: Via-Christi HOPE serving Sedgwick County, 316-858-1111 and Midland Care Connections serving Shawnee, Douglas, Jackson, Jefferson, Osage, Pottawatomie and Wabaunsee counties, 785-232-2044. They will begin service on January 1, 2015 in Marshall, Nemaha, Lyon counties.

Via Christi will be expanding PACE services to Miami, Franklin and Johnson counties and Midland PACE will be expanding into Brown, Doniphan, Atchison, Leavenworth and Wyandotte counties within the next year. The state has contracted with Bluestem Communities as a new PACE provider. Bluestem's PACE center will be located in McPherson, KS providing services to Lincoln, Ottawa, Ellsworth, Saline, Dickinson, Rice, McPherson, Marion, Reno and Harvey counties in the future; contact **Bluestem Communities** at **316-284-2900** for information in regards to enrollment in those counties.

Contact the PACE organization in your service area for further information.

Please go to www.kdads.ks.gov for update on PACE expansion areas or contact the Aging and Disability Resource Center at **855-200-2372** for current information on locations

#### **Respite Care**

Respite care provides time off for persons caring for family members. Respite care, sometimes called adult care sitting, provides relief and allows the caregiver to take care of themselves, too.

There are many types of services which may be used to provide caregivers the break they need. It can be as simple as asking a family member to sit with your loved one for brief periods of time. You may also choose to have a respite worker come into your home for a few hours, take your loved one to an Adult Day Care Center or an adult care home that provides respite care.

Today, family members are the primary caregivers of older persons. About 6.6 million Americans aged 65 and older currently receive long-term care services; family members provide two-thirds of the care. Caregivers are mostly female, usually wives and daughters.

They often have many other responsibilities. To maintain a caregiver role over time, a person needs occasional relief.

Start by contacting family, friends, your local senior center, public health department, hospital, religious organization, adult care home, or your Aging and Disability Resource Center (ADRC) You can also find providers of respite services in your area listed in the county specific Directory of Services.

#### **Self-Help and Support Groups**

Support and self-help groups are usually small groups of people who have something in common, like caring for someone with Alzheimer's Disease or someone who is recovering from a stroke. Participants get together, usually once a month, to discuss their situations and concerns. Some groups have a professional social worker or nurse who coordinates the group, while others operate on their own.

Support groups are usually free of charge, while some with professional coordinators may ask for a small donation (which can usually be waived if necessary) to cover the cost of the professional's time.

For information about various support and self-help groups in your area, contact the Aging and Disability Resource Center, your doctor's office or the Self-Help Network. The Self-Help Network is a nonprofit, statewide information center that can give you more information about support groups in your area. Currently, the Network can provide referrals to Kansas and national support groups, organizations, and help lines. Call the Self-Help Network toll free at

800-445-0116 or go to www.wichita.edu/ccsr.

#### **Senior Care Act**

This program provides in-home services for persons who are age 60 and over. Senior Care Act services vary by county. Services are offered on a sliding fee scale, based on your income and liquid assets. Customers pay between donation and 100% of the cost of the service. Availability of services is limited to budget constraints.

#### **Eligibility Guidelines:**

Potential customers must be 60 years of age or older and must demonstrate impairment in two or more activities of daily living and three or more instrumental activities of daily living with a minimum score.

Call your Aging and Disability Resource Center (ADRC) for more information. (See page 28).

#### **Senior Centers and Nutrition Sites**

Senior Centers are often gathering places for seniors in Kansas communities. They're a good place to receive information about senior adult services and enjoy a variety of activities with friends and neighbors. Actual hours of operation vary in each community. While there are usually social activities that may be free of charge, some senior centers provide services on a contribution basis. Others may charge for certain services. You can call the Senior Centers listed in the county specific Directory of Services to find out more information.

Nutrition and/or Meal Sites offer lunch programs for people 60 years and older and their spouses. Nutrition programs (sometimes called meal sites), can be found at some Senior Centers, or they may be located in community centers or churches. A donation is suggested for meals, but is not a condition for receiving a meal. Spouses regardless of age can also receive a meal on a contribution basis. For information on "Meals on Wheels" see page 14.

#### What is your nutritional health?

The warning signs of poor nutritional health are often overlooked. Use this checklist to find out if you or someone you know is at nutritional risk.

**INSTRUCTIONS**: Read the statements below. Circle the number in the YES column for those that apply to you or someone you know.

NUTRITIONAL CHECKLISTY	ES
Do you eat less than 2 meals daily	3
Do you eat less than 2 servings of fruits and vegetables daily?	
Do you eat less than 2 servings of dairy products (milk, cheese, yogurt, etc.) daily?	
Do you usually drink less than 6 glasses of water, milk, or juice daily?	0
Do you drink 3 or more alcoholic beverages daily?	. 2
Do you take 3 or more different prescriptions and/or over-the-counter drugs daily?	
Do you have problems with dentures, teeth, or mouth, which make it hard to eat?	2
Have you made changes in the kind and/or amount of food you eat because of an illness and/or condition?	2
Are you physically not always able to grocery shop, cook and/or feed yourself?	2
Do you eat alone most of the time.	.1
Do you feel that you usually do not have enough money to buy the food you need?	
Have you gained or lost more than 10 pounds in the last 6 months?	
TOTAL	

#### TOTAL Your Nutritional Score. If it's ...

- **0-2** Good! Recheck your nutritional score in 6 months.
- 3-5 You are at moderate nutritional risk. See what can be done to improve your eating habits and lifestyle.
- You are at high nutritional risk. Bring this checklist the next time you see your doctor, dietitian or other qualified Health or Social Service professional. Talk with them about any problems you may have. Consider using your local nutritional programs and/or meal sites discussed in this section.

## **Substance Abuse Prevention, Treatment and Recovery**

The Shawnee Regional Prevention and Recovery Services program Senior Prevention/Intervention Counseling and Education (S.P.I.C.E.) is a statewide initiative through funding by Substance Abuse Prevention, Treatment and Recovery. The

S.P.I.C.E. program assists professionals, caregivers and older adults coping with substance abuse or mismanagement of medications. With training, staff from each region of Kansas will be able to speak on the topic of substance abuse and the mismanagement of medications, offer educational material, perform on-site assessments, and provide resources for interventions and treatment. Refer to the map on page 33 for a Regional Prevention Center near you. Information is also available on their web site at www.parstopeka.com.

## Tax Refunds - Food Sales Tax Credit & Homestead Property Tax Refund

The **Food Sales Tax Credit**, which will be available for tax years commencing on or after January 1, 2013, will be claimed on the individual's Kansas income tax return. In order to qualify for the credit:

- (1) The taxpayer must have purchased food in Kansas.
- (2) The taxpayer must have had federal adjusted gross income for the year that did not exceed \$30,615.
- (3) During the entire tax year a taxpayer filing single, head of household, or married filing separate, or the taxpayer and the taxpayer's spouse if married filing jointly, must be domiciled in Kansas. Domicile does not include a correctional facility, jail or prison.
- (4) During the entire tax year a taxpayer filing single, head of household, or married filing separate, or the taxpayer or the taxpayer's spouse if married filing jointly, must be either: (a) A person having a disability, regardless of age; (b) A person without a disability who is 55 years of age or older; or (c) A person without a disability who is younger than 55 years of age who claims an exemption for one or more dependent children under 18 years of age.

The amount of the credit is \$125 for every exemption claimed on the taxpayer's federal income tax return, except that no deduction shall be counted for a dependent

unless the dependent is under 18 years of age. Those filing as head of household will not be allowed an extra exemption.

The credit is to be applied against the taxpayer's Kansas income tax liability after all other credits allowed under the Kansas income tax act. The credit is not refundable, and cannot be carried forward.

The **Homestead Refund** is a rebate program for the property taxes paid by homeowners. The refund is based on a portion of the property tax paid on a Kansas resident's home. The maximum refund is \$700.

To qualify you must be a Kansas resident, living in Kansas the entire year. Your total household income must be \$33,400 or less for 2014.

You must also meet one of the following requirements:

- You were born before Jan. 1, 1959; OR
- You must have been totally and permanently disabled or blind during the entire year, regardless of your age; OR
- You must have had a dependent child living with you all of last year who was born before Jan. 1, 2014, and was under the age of 18 the entire year.

**Safe Senior** is a property tax refund program administered under the provisions of the Kansas Homestead Act (property tax refund). SAFE SENIOR is also referred to as, "Kansas Property Tax Relief for Low Income Seniors."

The refund is 75 percent of the 2014 general property tax paid or to be paid - as shown of the 2014 real estate tax statement for the residence in which the claimant lived in 2014. The 2014 property tax consists of the 1st half which is due Dec. 20, 2014 and the 2nd half which is due May 10, 2015. The property tax is the total of both the 1st and 2nd half taxes.

A claimant may receive either a Homestead or a SAFE SENIOR refund but not both.

You must meet all the following requirements for the SAFE SENIOR refund:

- Kansas resident all of 2014,
- Owned a home in Kansas during 2014,
- Aged 65 years or older for all of 2014 (born before Jan. 1, 1949) and
- "Household income" of \$18,900 or less in 2014.

#### **Homestead Refund Advancement Program**

This program provides eligible homeowners with the opportunity to apply a portion of their anticipated Homestead refund to help pay the first half of their property tax.

There is a question on Form K-40H asking the homeowner whether they want their next year's homestead advancement sent directly to their County Treasurer. If the box is checked on the 2014 K-40H, the 2015 homestead advancement will be sent directly from Kansas Department of Revenue to the County Treasurer. This eliminates the need for the homestead claimant to physically deliver the homestead eligibility letter to the County Treasurer.

If you do not check this box, you cannot participate in the homestead advancement program, and none of your homestead refund will be used to pay your 2015 property taxes.

All taxes must be filed by April 15 each year. If you have a question about the Kansas Homestead program or need help to complete your claim, call the Kansas Department of Revenue (KDOR) at 785-368-8222. Forms can be requested at 785-296-4937. Information and forms are also available on the KDOR web site at www.ksrevenue.org. Personal assistance to complete your claim is available from the Topeka Assistance Center or from free volunteer tax assistance programs. Contact your local Aging and Disability Resource Center, Community Action Program, senior center, library or county clerk to find assistance in your area.

## Part Two: Housing and Long Term Care

The key to making any move is good planning and knowing all the choices available to you. The following has been included to provide information on different kinds of housing options. It is important that you read any admission agreement you sign and fully understand the terms of that agreement. You may also want to request a copy of the agreement so that you can review it at home before signing and later when questions arise.

Since the availability of the different types of housing discussed below will vary depending on where you live, you will want to check the county specific Directory of Services or contact your Aging and Disability Resource Center listed on page 28.

#### **Types of Housing Options**

their situation calls for it.

Senior Apartment Living . . . is usually an apartment complex that provides each tenant a full apartment, kitchen appliances, laundry facilities, and 24-hour security. Services such as scheduled activities, transportation, and meal service may or may not be included. Continuing Care Retirement Communities usually include this level of housing in their option pack. They are not licensed by the state.

is a campus that offers a range of housing opportunities that may include independent living houses or apartments, assisted living, apartments, residential health care, living units, adult day care, homes plus, and nursing facility. Services may also vary from no assistance to assistance by a licensed nurse. Residents select the type of housing and level of care that fits their needs and then move to another type and level of care if

Continuing Care Retirement Community (CCRC)..

Adult Care Home . . . is a nursing facility, nursing facility for mental health, intermediate care facility for the mentally retarded, assisted living facility, residential health care facility, home plus, boarding care home or adult day care facility, all of which are required to be licensed by the Secretary of the Kansas Department for Aging and Disability Services.

**Nursing Facility** . . . is a place or facility/home operating 24 hours a day, seven days a week, caring for six or more individuals. A licensed nurse is on duty 24 hours a day 7 days a week. See page 28 for payment options for this level of care.

Assisted Living Facilities . . . are licensed and are usually located in apartment-type buildings that are free standing or attached to a nursing home. Each apartment in the facility has a kitchen, a bathroom with a shower or tub, and a separate or combined sleeping, living, and storage area. The facility also has common areas such as a living room, activity area and dining room. Support services are provided to promote the people's privacy, freedom, and independence. Some people may not need any assistance, while other people may need assistance with transportation, light housekeeping, meal preparation, medications, bathing, dressing, and health care. Supervised nursing care provided by certified nurse aides is available twenty-four hours a day, seven days a week. Although a licensed nurse must be available at all times to respond to the certified nurse aides request for assistance for the people who live at the facility, facilities vary as to whether or not a nurse is on duty on a regular basis in the facility. The facility may coordinate health care services with outside agencies to provide therapy or care for individuals. The people living in an assisted living facility cannot employ private individuals to assist with their care.

Residential Health Care Facilities . . . are licensed apartment type buildings that are freestanding or attached to a nursing home. An individual living unit is similar to an assisted living apartment with exception of not having a microwave or stove for cooking. Alternatively, the individual living unit can be only a room with a combined sleeping, living, and storage area. The toilet room may or may not have a shower or tub and may be private or shared with another living unit. The facility has common areas such as a living room, bathing rooms, and dining room. If the facility is attached to a nursing home, it may share some common areas with the nursing home. Staffing, assistance, and services are the same as in an assisted living facility.

**Homes Plus** . . . are licensed private home residences or facilities for twelve people or less. A person may share a bedroom or have a private bedroom. All the people share the common spaces of the home. Meals are provided. Supervised nursing care provided by certified

nurse aides is available twenty-four hours a day, seven days a week. Staffing, assistance and services are the same as in an assisted living facility or residential health care facility.

Boarding Care Homes . . . are licensed private home residences or facilities for up to ten people. A person may share a bedroom or have his or her own bedroom. All the people share the common spaces of the home. Non-certified or non-licensed staff provide supervision twenty-four hours a day, seven days a week. The only assistance and services the people may receive are meals, laundry, housekeeping, and supervision for self-administration of medication. This type of facility DOES NOT provide personal, medical, or skilled nursing care. The resident must be able to walk and manage his or her own affairs.

### What are the costs and how can I get more information?

The cost of these different housing options will vary depending on the size of your apartment, amount of services you want or need, the facility's location, and management. Some housing may be able to lower the rent cost based on an individual's income.

Services may be funded in assisted living and residential health care facilities and homes plus by the Medicaid program if the owner of the facility chooses to participate in the Home and Community Based Waiver Program. The owner of the facility, the potential resident, and the case manager would negotiate the room and board cost and the service plan. The resident would pay the negotiated room and board cost and Medicaid would pay the service cost. Some facilities will have waiting lists, so it is wise to plan ahead if you are considering moving into one of these housing alternatives. Medicare does not pay for room and board and services in assisted living and residential health care facilities, homes plus, or boarding care homes. Contact the Aging and Disability Resource Center, DCF office, or the local housing authority in your area for more information and assistance.

### Important Questions to Ask Before You Sign a Contract

- When is a nurse on duty in the facility?
- Who pays for transportation for medical purposes?
- How much will it cost, including add-ons to the rent?
- What is the cost and policy on telehpones/ TVs/Cables TV hook-up?
- Are pets allowed? If so, is there an extra deposit?
- Are there any restrictions on visitors or overnight guests?
- How are cleaning standards maintained? Does someone inspect apartments? Are the inspections announced or unannounced?
- Will the home or facility accept Medicaid payment for service?
- Can the rent be based on my income?
- What is the policy on retaining my apartment if I have a change of health or would need to be hospitalized? Is that policy part of the contract?
- What are some situations that may cause an increase in my rent and services?
- What are the costs for services like transportation, laundry, meals, etc?
- If you will need parking, is it included or is there an extra fee for parking?
- What are the conditions under which I may have to leave the facility?
- What fees am I still responsible for if I am discharged per my own choice or by the facility?

It is important that you read the contract and fully understand the terms of the contract. Keep a copy and refer to it when questions arise.

## Are You Considering Moving to a Nursing Facility?

Everyone seeking admission to a nursing facility must be reviewed by the PASRR/CARE process before entering a Medicaid-certified nursing home. A CARE assessment may only be administered by a certified CARE assessor.

CARE stands for Client Assessment Referral and Evaluation. The CARE assessment program is operated by the Kansas Department for Aging and Disability Services. The Aging and Disability Resource Centers and some hospitals have assessors who conduct the CARE assessment. The CARE program was authorized by the 1994 Kansas Legislature and a section of the CARE assessment is required by federal law. This section is referred to as Preadmission Screening and Resident Review (PASRR). There are two levels of assessment – Level 1 must be completed prior to nursing home placement. Level 2 is a further evaluation for specialized services related to Intellectual/ Developmental Disability or Related Conditions and/ or Mental Health.

#### There are three goals of this free assessment.

- Provide customers individualized information on long term care options;
- Determine appropriate placements in long term care facilities; and
- Collect data regarding individuals being assessed for possible nursing facility placement.

The "level of care" score obtained from the assessment is provided to the Kansas Department for Children and Families (DCF) for those wishing to utilize Medicaid as payment for nursing home care. This is a functional eligibility score and DCF will determine a financial eligibility score.

#### Participating in the CARE assessment

The CARE assessment takes about one hour and is designed to evaluate your health and ability to perform daily activities such as bathing, dressing, shopping, laundry, etc. Through the CARE assessment process, the assessor will review with you the services that are available in your community so that you can make an informed decision regarding what services will meet your long-term care needs. After the assessment, you may decide to remain in your home, at which time (with your permission) the CARE assessor can make referrals for the community-based services or you may choose to enter a nursing home.

The Aging and Disability Resource Center coordinates the CARE Assessment. When you determine a need for nursing facility care, contact your ADRC, which can be found on Page 28 of this guide. The ADRC Intake staff will take some initial information and assign your assessment to a qualified assessor. You can invite whoever you think will help answer questions about your long-term care needs. The assessor will cover your potential long term care needs and service options with you at the time of the assessment.

You will be given a copy of the assessment and a Certificate of Assessment, which will either indicate you may enter a nursing home or you need further evaluation. The nursing home will need these documents. If the assessment shows a need for further evaluation, you may not enter a nursing home until a Level II evaluation is completed. If you decide to enter a nursing home, you should take a copy of the certificate with you. If you lose your certificate, you or the nursing home may contact the Aging and Disability Resource Center for another copy. The CARE assessment is not Medicaid eligibility. If you need Medicaid assistance, you will need to apply through the Kansas Department of Children and Families (DCF) office.

## **Important Information About Selecting a Nursing Facility**

If you need 24-hour a day nursing care, several options are available. Sometimes, moving to a nursing home is the best option. When you are selecting a nursing home, the following steps will help ensure that you will be satisfied with your new home.

#### **Ask for Recommendations**

Talk to people you trust to help you make a good choice, such as family, friends, or your doctor or other health care providers.

#### Narrow Your Search

Consider factors that may be important such as location, special care needs, religious or cultural preferences, availability of a room and cost. Once these have been determined, narrow your search to those nursing homes that meet minimum requirements.

To find out additional information about your preliminary choices, you may want to access the Medicare website, www.medicare.gov/NHCompare/Home. asp. This is a database that provides information and survey findings on nursing homes participating in the Medicare and/or Medicaid programs. This information includes:

- Number of beds and type of ownership
- Resident information, including
- the percent with depression or pressure sores, pain or urinary tract infections
- Survey/ inspection summaries
- Staffing ratios

This web site also has numerous Medicare publications, including one on how to choose a nursing home. A list of licensed adult care homes, Kansas Adult Care Provider Directory, is available at www.kdads.ks.gov/LongTermCare/FacReports/FacReport\_Index.html. The Directory also provides under each Nursing home's name, reports of its most recent survey/inspection conducted by the Kansas Department for Aging and Disability Services. The report contains information on areas of resident rights, care, and services where the home did not meet federal and/or state regulations. If you do not have access to a computer, your local library can be of assistance or call **1-800-Medicare**.

#### **Visit Potential Nursing Homes**

It is suggested that you visit a nursing home you are considering at least twice, one scheduled visit and one unannounced visit. The first visit should be a guided tour by a staff member to familiarize you with the home and its services. During this visit, you should ask to see a contract to find out the cost of care and any additional fees that may be charged for items such as haircuts, cable television, and activities. Also, if you have not been able to read the online survey report, ask to see a copy. The unannounced second visit will allow you the opportunity to see how staff interact with residents, how the meals are served, and how actively involved residents are in determining their own daily schedules, including time of rising and going to bed. Look for activities that you find to be of interest.

#### **Paying for Care**

As a rule, paying for nursing home care is a major concern because it is expensive. Following is a summary of resources that are generally used:

 Medicare, under limited conditions, will pay for short-term stays following a qualifying hospital stay. To learn more about Medicare, contact Kansas Senior Health Insurance Counseling for Kansas (SHICK) at 800-860-5260.

- Medicare Supplemental Insurance often called Medigap coverage. Private insurance that covers such costs as deductibles and co-insurance, may or may not pay for skilled nursing care, usually dependent on whether or not Medicare pays.
- Personal Resources savings and other investments.
- Long-Term Care Insurance private insurance that pays for a variety of care situations, including home health care, adult day care and nursing facilities.
   Benefits and coverage vary according to each policy.
- Medicaid a State and Federal program that will pay most nursing home costs for people with limited income and assets, after personal resources have been exhausted. Your area DCF office can determine if you are financially eligible for this program.

When visiting a nursing home, it is important to find out which payment options they accept, as not all nursing homes are certified to accept residents whose care is paid for by Medicare and/or Medicaid.

#### **Resident Rights**

Nursing home residents have rights and certain protections under the law. The nursing home must give all new residents a list of these rights, which typically include the following:

- Respect: You have the right to be treated with dignity and respect.
- Services and fees: You must be informed in writing about services and fees before you enter the nursing home.
- Money: You have the right to manage your own money or to choose someone else you trust to do this for you.
- Privacy: You have the right to privacy, and to keep and use your personal belongings and property as long as it doesn't interfere with the rights, health, or safety of others.
- Medical care: You have the right to be informed about your medical condition, medications, and to see your own doctor.
- You also have the right to refuse medications and treatments.

#### **Other Research Options**

There are other resources for evaluating nursing homes. Following is an alphabetical list of contacts and their function, along with other resource materials.

Kansas Adult Care Executives: 785-273-4393 or www.k-a-c-e.org

Kansas Advocates for Better Care 800-525-1782 or www.kabc.org

Kansas Department for Aging and Disability Services: 800-432-3535 or www.kdads.ks.gov

Complaint hotline for nursing home care and other licensed adult care homes 800-842-0078

Kansas Department for Children and Families (DCF): 888-369-4777 or www.dcfkansas.org determines financial eligibility for Medicaid services

Kansas Health Care Association: 785-267-6003, www.khca.org

Kansas Long-Term Care Ombudsman: 877-662-8362, www.kansasombudsman.ks.gov An advocate for nursing home residents.

Leading Age: 800-264-5242 or www.leadingagekansas.org

#### **PEAK Initiative**

(Promoting Excellent Alternatives in Kansas Nursing Homes)

Consumers are encourage to ask all adult care homes the following questions that incorporate PEAK domains, core values and supporting principles of person centered care:

**Resident Choice** – How do the Residents choose their daily routine?

- *Food* How do the Residents choose what, when, and where they eat?
- **Sleep** How do the Residents select the time they will awaken, nap, or go to bed?
- *Daily schedules* How do the Residents decide how they will spend their day? What are the opportunities for engaging and meaningful activity as well as spontaneity?
- **Bathing** How do the Residents select their type of bathing, frequency, and time of day?

**Staff Empowerment** – How are staff empowered to carry out the choices of the Residents?

- *Education* What does the home have in place to provide formal training on person-directed care to all staff?
- **Decision making** How do staff closest to the Resident have a voice in care planning? How are staff empowered to make decisions on a day-to-day basis things related to Resident choice?
- How are *Direct-care* staff able to make decisions about their own work and how they will carry out Resident-directed care plans?
- Relationships Describe some of the meaningful relationships staff members have with the Residents for whom they provide care.
- Career development What does the home have in place to promote the staff's personal and professional development?

**Home Environment** – Do the Residents' personal and public spaces provide opportunities for personalization, privacy, and individual comfort?

- **Resident room** Are the rooms comfortable and accommodating? Does it reflect their personal preferences (furniture, pictures, belongings)?
- **Resident-use space** Are all the spaces (dining room, living room, den, etc.) comfortable and accommodating?

**Meaningful Life** – How do the Residents have opportunities and assistance to continue to pursue a purposeful life?

- *Community Involvement* How do the Residents have opportunities to build new relationships and connections and maintain existing ties to the broader community?
- How do *Residents have opportunities to help others?* (e.g. Residents assisting other Residents, coat drives, community garden, recycling, mentoring).
- How are *Individual spiritual and* psychosocial needs met?
- How does *End of life care*, and rituals honor Resident choice? Are expectations in the care plan and reviewed with Resident and family as needed?

#### **Kansas Long-Term Care Ombudsman Program**

The Kansas Long-Term Care Ombudsman Program was created by the federal Older Americans Act and is administered by the Office of the State Long-Term Care Ombudsman.

The primary purpose of the program is to ensure quality care to residents of long-term care facilities. The Ombudsman serves as a resident advocate who seeks to promote individual rights, dignity and independence. The Kansas Long-Term Care Ombudsman program consists of volunteers serving residents of nursing homes and residential care facilities to provide support and assistance with any problems or complaints.

Long-Term Care Ombudsmen are an advocate for residents of long-term care facilities; a person who is concerned with protecting the civil and human rights of elderly persons in long-term care facilities; a problemsolver and a mediator; an objective investigator of complaints.

Residents and their relatives and friends of residents in long-term care facilities and personal care homes may utilize the ombudsman program. Long term care staff and administrators may also use the program.

Call an ombudsman if you have questions or concerns about resident rights, transfer and discharge rights or other care issues.

To contact the Office of the State Long-Term Care Ombudsman call or write:

Kansas Long-Term Care Ombudsman Program Landon State Office Building, 900 SW Jackson, Suite 1041, Topeka, KS 66612

785-296-3017or 877-OMBUD-62 or 877-662-8362 (toll free)

http://www.kansasombudsman.ks.gov

#### **Kansas Veterans Benefits**

The Kansas Commission on Veterans Affairs offers many services for Kansas veterans, spouses, widows/ widowers, mothers, fathers and dependent children. Some of these benefits are:

The Kansas Soldier's Home - The historic Fort Dodge facility offers a library, museum, recreation center, fitness room, nursing home, three domiciliary residence halls, 60 cottages and a Veterans Cemetery. Priority for admission of veterans will first be made on the basis of severity of medical care required; second consideration will be of the veteran's ability to pay for care; transfers from other institutions will have the lowest priority. Information on application, eligibility and admission to the Kansas Soldiers Home can be obtained by contacting the Kansas Veterans Affairs Office at 714 Sheridan, Fort Dodge, KS 67801 or call 620-227-2121 Extension 146, email admissions@ksh.state.ks.us

The Kansas Veteran's Home opened in May of 2000, in Winfield, Kansas. The facility is set on a large hilltop campus overlooking the Walnut Valley that will be the future location of the Kansas Veterans Cemetery at Winfield as well. This renovated home offers three levels of care to eligible residents: assisted living, skilled nursing and special care for residents with Alzheimer's Disease or related dementia.

Information on application, eligibility and admission to the Kansas Veterans Home can be obtained by contacting the Home's Clinical Director at

620-221-9479, ext. 250, 1220 World War II Memorial Drive, Winfield, Kansas 67156. Visit the KCVA website www.kcva.org to learn more.

Other services that may be available to Kansas veterans, spouses, widows/ widowers, mothers, fathers and dependent children include: compensation and pension benefits, education and training, life insurance, guaranteed home mortgage loans, vocational training and job assistance, health care (including long term care), or burial.

Whom do I call for more information? Kansas Commission on Veterans Affairs, 700 SW Jackson, Room 1004 Topeka, Kansas 66603

785-296-3976

www.kcva.org or to find a field office close to you, see page 35.

#### **Other Specialized Housing Options**

Home Remodeling . . . is sometimes all that is needed to make your own home work for you again. You may need grab bars in the bathroom, a ramp to the front door, or more light in the kitchen. Some people are able to get these changes made with the help of family, friends, churches, etc., but others need a little extra assistance.

The Aging and Disability Resource Center can help you figure out what changes will be most helpful to you, and can provide useful information in talking with carpenters, plumbers, and others to do the necessary work. In some cases, the Aging and Disability Resource Center may also be able to help locate assistance to pay for these changes. For more information, check the county specific Directory of Services under "Home Repair" or call the Aging and Disability Resource Center (see page 28).

Reverse **Mortgages Equity** or Home Conversion Loans . . . allow a person to borrow money using their house as collateral. The money is converted to lump sum, line of credit or monthly payments for a given period or for life. Consumer education and counseling is required by a HUD approved housing agency. The counselor will discuss all the options available and help determine eligibility. After counseling, the process is similar to that of purchasing a home - loan application, processing, appraisals and signing of the loan prior to disbursement of funds. The loan is repayable upon the death of the borrower, sale of the home or a permanent move from the home. The repayment usually cannot exceed the value of the home or sale price.

### For more information, contact one of the following resources:

Housing and Urban Development (HUD) www.hud.gov/buying/rvrsmort.cfm

Fannie Mae 800-732-6643 www fanniemae com

National Reverse Mortgage Lenders Assn. www.reversemortgage.org

#### **Part Three: Contact Information**

## **Resources for Aging Information on the Internet**

Internet access is like having the world's largest library and resource center at your fingertips. The Internet is full of information you couldn't find in a newspaper, see on television or read in a library. You can find the answer to most questions with a quick search, at any time or on any day. If you don't have a home computer with Internet access, try your local library or Senior Center. Most have equipment available and someone who can assist you in your search.

### Kansas Department for Aging and Disability Services (KDADS)

www.kdads.ks.gov

**Aging and Disability Resource Center (ADRC)** www.kdads.ks.gov

Kansas Area Agencies on Aging – (K4A) www.k4a.org

### **Kansas Department for Children and Families** (DCF)

www.dcf.ks.gov

#### **State of Kansas**

http://www.kansas.gov

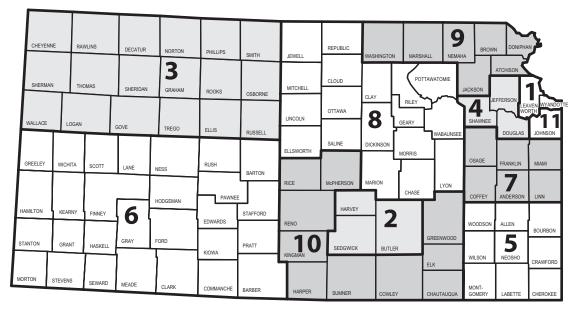
### Kansas Attorney General's Office www.ag.ks.gov

### **Kansas Insurance Department (KID)** www.ksinsurance.org

### Kansas Disabilities Rights Center www.drckansas.org

### Kansas Secretary of State www.kssos.org

### Aging and Disability Resource Centers (ADRC) 855-200-2372



#### 1. Wyandotte-Leavenworth ADRC: Kansas City

Information 913-573-8531 or

888-661-1444

Legal Services 913-621-0200

Website: www.wycokck.org

#### 2. Central Plains ADRC: Wichita

Information 316-660-5120 or

800-367-7298

Legal Services 888-353-5337

Website: www.cpaaa.org

#### 3. Northwest Kansas ADRC: Hays

Information 785-628-8204 or

800-432-7422

Legal Services 785-625-4514

Website: www.nwkaaa.com

#### 4. Jayhawk ADRC: Topeka

Information 785-235-1367 or

800-798-1366

Legal Services 785-354-8531

Website: www.jhawkaaa.org

#### 5. Southeast Kansas ADRC: Chanute

Information 620-431-2980 or

800-794-2440

Legal Services 620-232-1330

Website: www.sekaaa.com

#### 6. Southwest Kansas ADRC: Dodge City

Information 620-225-8230 or

800-742-9531

Legal Services 888-353-5337

Website: www.swkaaa.org

#### 7. East Central Kansas ADRC: Ottawa

Information 785-242-7200 or

800-633-5621

Legal Services 800-479-6520

Website: www.eckaaa.org

#### 8. North Central/Flint Hills ADRC: Manhattan

Information 785-776-9294 or

800-432-2703

Legal Services 785-537-2943

Website: www.ncfhaaa.com

#### 9. Northeast Kansas ADRC: Hiawatha

Information 785-742-7152 or

800-883-2549

Legal Services 785-336-6016

Website: www.nekaaa.org

#### 10. South Central Kansas ADRC: Arkansas City

Information 620-442-0268 or

800-362-0264

Legal Services 888-353-5337

Website: www.sckaaa.org

#### 11. Johnson County ADRC: Olathe

Aging Info Line 913-715-8861 or Information 888-214-4404

Legal Services 913-621-0200

Website: http://hsa.jocogov.org

### **Long Term Care Ombudsman Offices**

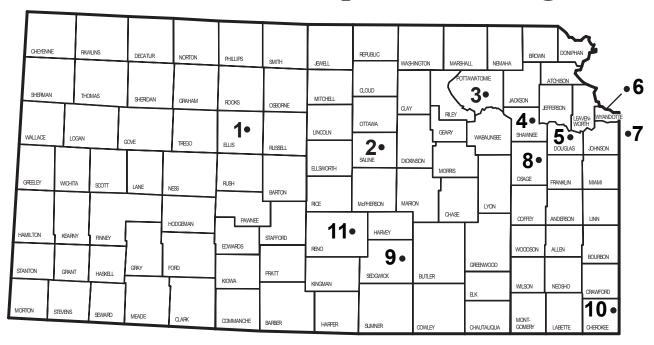
877-662-8362 (toll free)

8:00 a.m. - 5:00 p.m.

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Wallace	Logan	Gove	Trego	Ellis	Russell	Lincoln	Ottawa	Dickin-	Geary	Wabaun- See	Shaw-		John- son
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Stan- ton Gra	Hask- ant ell	Gray	Ford	Kiowa	Pratt	Kingma	Sedgivi	ick Bu	ıtler	wood Elk	Wilson	Neosho	Craw- ford
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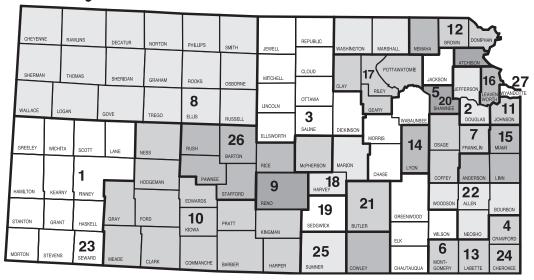
Office	Address, City, State, Zip	Phone		
Region 1	600 Andrew Ave, South Hutchinson, KS 67505	620-728-0180		
Region 2	900 SW Jackson, Ste. 1041 Topeka, KS 66612	785-296-2962		
Region 3	16010 Metcalf, Suite 105 Stilwell, KS 66085	913-236-9385		
Region 4	130 S. Market, #5063 Wichita, KS 67202	316-347-1429		
Region 5	1509 Avenue P Dodge City, KS 67801	620-225-2439		
Region 6	PO Box 1812 Hays, KS 67601	785-628-3121		
Region 7	900 SW Jackson, Suite 1041 Topeka, KS 66612	785-296-6017		
Region 8	16010 Metcalf, Suite 105 Stilwell, KS 66085	620-230-0743		
Region 9	130 S Market, Suite 563 Wichita, KS 67202	316-640-3710		

### **Centers For Independent Living**



1. LINK, Inc.	Hays	800-569-5926
2. Independent Connection	Salina	800-526-9731
3. Three Rivers, Inc.	Wamego	800-555-3994
4. Topeka Independent Living Resource Center	Topeka	785-233-4572
5. Independence, Inc.	Lawrence	785-841-0333
6. Coalition for Independence	Kansas City, KS	913-321-5140
7. The Whole Person, Inc.	Kansas City, MO	800-878-3037
8. Resource Center for Independent Living	Osage City	800-580-7245
9. Independent Living Resource Center	Wichita	800-479-6861
10. Southeast Kansas Independent Living Resource Ctr	Parsons	800-688-5616
11. Prairie Independent Living Resource Center	Hutchinson	888-715-6818
Statewide Independent Living Council of Kansas, Inc.	Topeka	800-217-4525

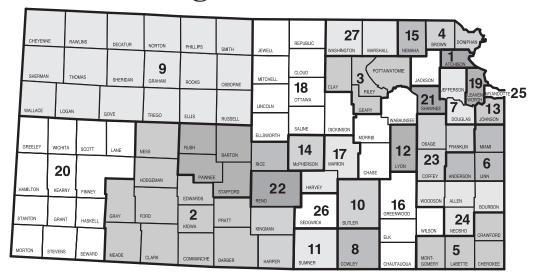
### **Community Mental Health Centers of Kansas**



Consult this map to find the Community Mental Health Center (CMHC) serving your area. The city listed with each organization indicates the Center's office location. Service areas may include other counties.

each o	organization indicates the Center's office location. Service	areas may include other	er counties.
1.	Area Mental Health Center	Garden City	620-276-6470
2.	Bert Nash CMHC, Inc.	Lawrence	785-843-9192
3.	Central Kansas MHC	Salina	785-823-6322
4.	CMHC of Crawford County	Pittsburg	620-231-5130
5.	Family Service & Guidance Center	Topeka	785-232-5005
6.	Four County MHC	Independence	620-331-1748
7.	Elizabeth Layton Center	Ottawa	785-242-3780
8.	High Plains CMHC	Hays	785-628-2871
9.	Horizons Mental Health Center	Hutchinson	620-931-2317
10.	Iroquois Center for Human Development	Greensburg	620-723-2272
11.	Johnson County MHC	Mission	913-826-1500
12.	Kanza MH & Guidance Center	Hiawatha	785-742-7113
13.	Labette Center for MH Services	Parsons	620-421-3770
14.	MHC of East Central KS	Emporia	620-343-2211
15.	Elizabeth Layton MHC	Paola	913-557-9096
16.	The Guidance Center	Leavenworth	913-682-5118
17.	Pawnee Mental Health Services	Manhattan	785-587-4300
18.	Prairie View, Inc.	Newton	316-284-6400
19.	Comcare of Sedgwick County	Wichita	316-660-7655
20.	Valeo Behavioral Health Care	Topeka	785-228-3071
21.	South Central MH Counseling Center	Augusta	316-775-5491
22.	Southeast Kansas MHC	Iola	620-365-8641
23.	Southwest Guidance Center	Liberal	620-624-8171
24.	Spring River MH & Wellness	Riverton	620-848-2300
25.	Sumner County MHC	Wellington	620-326-7448
26.	Center for Counseling & Consultation Services	Great Bend	620-792-2544
27.	Wyandot Center for Community Behavioral Healthcare	Kansas City	913-233-3300

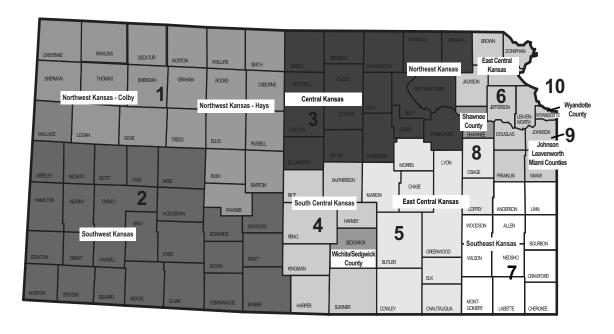
# Community Developmental Disability Organizations



Consult this map to find the Community Developmental Disability Organization serving your area. The city listed with each organization indicates location of office. Service areas may include other counties.

1.	Achievement Services for Northeast Kansas	Atchison	913-367-2432
2.	Arrowhead West, Inc.	Dodge City	620-227-8803
3.	Big Lakes Developmental Center, Inc.	Manhattan	785-776-9201
4.	Brown County Developmental Services, Inc.	Hiawatha	785-742-3959
5.	CDDO of Southeast Kansas	Columbus	620-429-1212
6.	Tri-Ko., Inc.	Osawatomie	913-755-3025
7.	Cottonwood, Inc.	Lawrence	785-842-0550
8.	Cowley County Developmental Services, Inc.	Winfield	620-221-5404
9.	Developmental Services of Northwest Kansas	Hays	785-625-5678
10.	CDDO of Butler County	El Dorado	316-322-8777
11.	Futures Unlimited, Inc.	Wellington	620-326-8906
12.	Hetlinger Developmental Services	Emporia	620-342-1087
13.	Johnson County Developmental Support	Lenexa	913-826-2600
14.	McPherson County CDDO	McPherson	620-245-5211
15.	Nemaha County Training Center	Seneca	785-336-6116
16.	New Beginnings Enterprises, Inc.	Neodesha	620-325-3333
17.	Harvey-Marion County CDDO	Newton	316-283-7997
18.	Disability Planning Organization of Kansas, Inc.	Salina	785-823-3173
19.	Riverside Resources, Inc.	Leavenworth	913-651-6810
20.	Southwest Developmental Services, Inc.	Garden City	620-275-7521
21.	Shawnee County CDDO	Topeka	785-232-5083
22.	Reno County CDDO	Hutchinson	620-663-2219
23.	COF Training Services, Inc.	Ottawa	785-242-5035
24.	Tri-Valley Developmental Services, Inc.	Chanute	620-431-7401
25.	Wyandotte County CDDO	Kansas City	913-573-5502
26.	Sedgwick County CDDO	Wichita	316-660-7630
27.	TwinValley Dev. Services	Greenleaf	785-747-2251

## **Regional Prevention Centers**



## Consult this map to determine the Regional Prevention Center serving your area.

1. Smoky Hill Foundation for Chemical Dependency	Hays	785-625-5521
2. RPC of Southwest Kansas	Garden City	620-276-9624
3. Central Kansas Foundation	Salina	785-825-6224
4. Preferred Family Healthcare	Wichita	316-943-2051
5. MHC of East Central Kansas	Emporia	620-340-6085
6. DCCA, Inc	Lawrence	785-841-4138
7. Preferred Family Healthcare	Iola	620-365-8408
8. RPC of Shawnee	Topeka	785-266-8666
9. Johnson County MHC	Olathe	913-715-7880
10. Mirror, Inc	Kansas City	913-371-9668

## **Kansas Social Security Offices**

### National Automated Toll-Free 800-772-1213 TTY 800-325-0778 www.ssa.gov

Office hours are Monday, Tuesday, Thursday, Friday - 9:00 a.m. to 3:00 p.m. Wednesday - 9:00 a.m. - Noon.

Office	Address, City, State, Zip	Telephone/fax
Dodge City	2204 Summerlon Cir, Dodge City, KS 67801	877-694-5494
Hays	1212 E. 27th St., Hays, KS 67601	888-552-7176
Hutchinson	811 E. 30th Ave., Suite A, Box 2107, Hutchinson, KS 67502	877-846-8333
Independence	2125 N. Penn Ave., Independence, KS 67301	877-512-3855
Joplin	4102 S. Arizona Ave., Joplin, MO 64804	866-964-7421
Kansas City	850 Nebraska Ave., Kansas City, KS 66101	866-331-2197
Lawrence	1440 Wakarusa Dr., Ste 200, Lawrence, KS 66049	866-698-2561
Lenexa	15375 W. 95th St., Lenexa, KS 66214	877-445-9978
Manhattan	1121 Hudson Avenue, Suite A, Manhattan, KS 66503	877-840-5741
Salina	1410 E. Iron, Suite 7, Salina, KS 67401	877-405-3494
St. Joseph	1402 N. Woodbine Rd, St. Joseph, MO 64506	888-366-6148
Topeka	600 SW Commerce Place, Topeka, KS 66615	888-327-1271
Wichita	3216 N. Cypress St., Wichita, KS 67226-6515	866-931-9173
Nevada, MO (Bourbon County only)	120 S Commerce, Nevada, MO 64772	888-808-5441

## **Kansas Commission on Veterans Affairs**

Veterans Administration National Toll-Free Number 800-827-1000 www.kcva.org or www.va.gov

### Kansas Persian Gulf War Health Initiative 800-513-7731

Field Office	Address/City/State/Zip	Telephone
Colby	990 S. Range, Suite 3 Colby, KS 67701	785-462-3572
Emporia	702 Commercial St., Kress Center, Suite 1D, Emporia, KS 66801	620-342-3347
Ft. Dodge	714 Sheridan, Unit 87 Ft. Dodge, KS 67843	620-225-4041
Hays	207 East 7th Street, Ste C Hays, KS 67601	785-625-8532
Hutchinson	1625 E 30th Hutchinson, KS 67501	620-662-7131
Independence	201 N. Pennsylvania, Ste. 105 Independence, KS 67301	620-331-0540
Junction City	Municipal Building, Box 311 Junction City, KS 66441	785-238-4522
Lawrence	745 Vermont Street Lawrence, KS 66044	785-843-5233
Leavenworth	Dwight D. Eisenhower VA Medical Center 4101 S. 4th Street Leavenworth, KS 66048	913-682-2000 800-574-8387 (Am. Legion) x54297 800-952-8387 (VFW) x54296
Manhattan	317 Houston St. Manhattan, KS 66502	785-587-0373
Overland Park	10107 W. 105, Ste B Overland Park, KS 66212	913-371-5968
Salina	1410 East Iron, Ste 3B Salina, KS 67401	785-823-2862
Topeka	700 SW Jackson, Suite 1004 Topeka, KS 66603	785-296-3976
	Colmery-O'Neil VA Medical Center 2200 Gage Topeka, KS 66622	785-350-3111 800-574-8387 x 54489 (Am. Legion) 800-574-8387 x 54491 (VFW)
Wichita	VA Medical and Regional Office 5500 East Kellogg, PO Box 21318 Wichita, KS 67218	316-688-6869 888-878-6881 x 56869 (Am. Legion) 888-878-6881 x 56801(VFW)
Winfield	Kansas Veterans Home 1220 WWII Memorial Drive Winfield, KS 66156	620-221-9021

## **Part Four - Directory of Services**

## **Service Providers By County**

This section lists providers of information and services to senior Kansans by county for Planning and Service Area (PSA) 01. For various reasons, a provider may be available but not listed, or listed and no longer available. Phone numbers also change. Contact the Southeast Kansas Area Agency on Aging for the most current information in your county.

Every effort has been made to ensure the accuracy of the information provided. However, human (and computer) errors do happen. If you find inaccurate information, please contact the Southeast Kansas Area Agency on Aging at the phone number on the back of this booklet.

If you provide information and/or services to seniors and wish to be included in this directory of services, contact the Southeast Kansas Area Agency on Aging. The Kansas Department for Aging and Disability Services, in cooperation with the Area Agencies on Aging, reserves the right to determine the appropriateness of the material included. The purpose of this directory is to provide information that will allow senior Kansans to remain in their homes as long as possible and to maintain their security, dignity, and independence.

If you would like a list of licensed nursing facilities in your county, contact the Southeast Kansas Area Agency on Aging, call **800-432-3535** or access information on the web at www.kdads.ks.gov or www.medicare.gov/nhcompare.

The Kansas Department for Aging and Disability Services (KDADS) does not endorse the products, services or manufacturers in this booklet. Names appear solely because they are considered a source of information. KDADS assumes no liability for the use or contents of any product or service mentioned in this resource directory.

It is a misdemeanor to use the information in this directory for the purpose of selling or offering to sell property or services to the entities listed herein except in the limited circumstances provided for in KSA 21-3914.



Published by the Kansas Department for Aging and Disability Services 503 S. Kansas Avenue
Topeka, KS 66603
1-800-432-3535

This directory is also available at www.kdads.ks.gov

## **Southeast Kansas Area Agency on Aging**

One West Ash — P.O. Box J - Chanute, Kansas 66720 FAX: 620-431-2988 — sekaaa@sekaaa.com Call SEK-AAA for more information — 1-800-794-2440

## The Southeast Kansas Area Agency on Aging provides a number of direct and contracted services for the 60+ population.

**CARE** — Client Assessment, Referral, and Evaluation. An evaluation program to help people find appropriate long term care services and to collect data on the need for home and community based services.

**Caregiver Support Program** – Works with caregivers providing resource information and support for caregivers.

**Case Management** — Works with older adults and their families to assess complex situations requiring the coordination of many services.

**Durable Medical Equipment** – Receive donated equipment from the public to sterilize and provide to seniors to help them remain in their homes.

**Health Promotion** — Offers wellness programs to improve the health and well-being of seniors, such as exercise, medication management and nutrition education.

**Homemaker Program** — Provides assistance with light housekeeping.

**Information** — Coordination and dissemination of information regarding public and voluntary services, resources and housing alternatives.

**Legal Services** — Offers legal consultation and representation, education and assistance with access to government benefits.

**Nutrition Program** — Serves hot nutritious meals five days a week at 28 centers and offers education, recreation and socialization opportunities. Transportation is available to some nutrition centers. Also provides meals to homebound persons.

Older Kansans Employment Program (OKEP) — Assists job seekers age 55 and older in securing employment.

**Personal Care Program** — Provides bath aid and other personal care services to persons with chronic illness or disability.

**Senior Care Act Program** — Provides homemaking, personal care, chore services and respite care to enable senior adults to live independently at home.

**SHICK** — (Senior Health Insurance Counseling for Kansas) — trained volunteers serve as counselors for older Kansans who have questions about their health insurance.

## **NINE COUNTY RESOURCES**

#### **ADULT ABUSE**

SE Regional Protection Report Center 866-548-6703 (M-F, 8-5) 800-922-5330 (24 hours)

Hope Unlimited, Inc., Iola 620-365-7566 or 800-498-7566

Crisis Resource Center of SEK Coffeyville, 620-251-0030 or 888-320-7218

Crisis Resource Center Pittsburg, 620-231-8692

## AGING AND DISABILITY RESOURCE CENTER

855-200-2372

### ALZHEIMER'S ASSOCIATION

Heart of America Chapter Alzheimer's Assn, Parsons 620-421-6550, x 1794 800-272-3900 (24 Hours) www.kcalz.org

## AMERICAN CANCER SOCIETY

American Cancer Society 1-800-ACS-2345 (24 hours) Wichita, 316-265-3400 www.cancer.org (donations)

#### ASSISTIVE TECHNOLOGY

University of Kansas, Parsons 620-421-5502 or 620-421-8367 800-526-3648

KC MASS Services Grandview, MO 816-448-2033

Blind or visually impaired TDD: 620-421-0954

### ATTENDANT CARE

See individual listings by county

### **CAREGIVER BREAKFASTS**

Southeast Kansas AAA, Inc. Chanute, 620-431-2980 or 800-794-2440 Fax: 620-431-2988 sekaaa@sekaaa.com

### CAREGIVER SUPPORT

Southeast Kansas AAA, Inc. Chanute, 620-431-2980 or 800-794-2440 Fax: 620-431-2988 sekaaa@sekaaa.com

### CASE MANAGEMENT

Southeast Kansas AAA, Inc. Chanute, 620-431-2980 or 800-794-2440 Fax: 620-431-2988 sekaaa@sekaaa.com

### COAL MINER / LUNG BENEFIT

US Department of Labor Denver CO 800-366-4612

### **DIALYSIS CENTER**

Renal Care Group Chanute, 620-431-1239

### **DISABILITY SERVICES**

Kansas Aging and Disability Resource Center 855-200-2372

New Hope Services
Pittsburg, 620-231-2791
(CK; CR; LB; MG counties)
SKIL (SEK Independent Living
Resource Center)
\*Parsons, 620-421-5502 or
800-688-5616
TDD: 620-421-0983
www.skilonline.com
\*Chanute, 620-431-0757 or
866-927-0757
TDD: 620-431-0757
skilchanute@skilonline.com

\*Columbus, 620-429-3600 or 866-927-3600 TDD: 620-429-3600 skilcolumbus@skilonline.com \*Fredonia, 620-378-4881 or 866-927-3600 TDD: 620-378-4881 skilfredonia@skilonline.com \*Pittsburg (BB; CK; CR; LB) 620-231-6780 or 866-927-6780 TDD: 620-231-6780 skilpittsburg@skilonline.com \*Independence, 620-331-1006 866-927-1006 TTD: 620-331-1006 skilindy@skilonline.com

### **EMERGENCY ALERT DEVICE**

See individual listings by county

### **EMERGENCY CENTER**

American Red Cross
\*Pioneer Chapter
888-460-1050 (24 hours)
\*Coffeyville, 620-251-1050
(AL; BB; CK; CR; MG;NO; WL; WO)
\*Labette Co-Parsons
620-421-4150
Salvation Army
\*KC MO 800-336-4547 x 368
\*Crawford Co - Pittsburg

\*KC MO 800-336-4547 x 3 \*Crawford Co – Pittsburg 620-231-0415

#### **EMPLOYMENT**

Older Kansas Employment Program (OKEP) Southeast Kansas AAA, Inc. Chanute, 620-431-2980 800-794-2440 Fax: 620-431-2988 sekaaa@sekaaa.com

SER Corporation Senior Community Service Employment Program Chanute, 620-431-1280 Fax: 620-431-1860 acope@ser-national.org

## **NINE COUNTY RESOURCES**

### **EYE CARE**

National Eye Care Project Hotline, 800-222-3937 (24 hrs) www.eyecareamerica.org

Kansas Rehabilitation Services Older Blind Independent Living Program Parsons, 620-421-5502 www.dcf.ks.gov/services

### HEALTH INSURANCE/ PRESCRIPTION DRUGS

See listing under (SHICK)

#### **HEARING AIDS**

KS TAP Telecommunications Access Program Topeka, 785-234-0200 (voice) TAP@kstelecom.com or www.kansastap.org

Hearing Aids –SE Kansas Demo Site:

Independent Living Resource Center, Parsons 620-421-6551 (voice) TTY: 620-421-0983

### HOME HEALTH CARE

See individual listings by county

### HOMEMAKER SERVICES

See individual listings by county

### **HOME REPAIR**

Rural Economic Community Development Iola, 620-365-2901 x 4

USDA Rural Development Topeka, 785-271-2720 www.rurdev.usda.gov/ks

### HOSPICE

Gentiva \*Parsons, 620-421-6161 or 866-938-2100 www.gentiva.com Harry Hynes Memorial Hospice Wichita 620-231-7223 or 800-767-4965 (24 hours) www.hynesmemorial.org \*Coffeyville, 620-251-1640 or 866-865-2154 \*Parsons, 620-423-3863 or 866-584-5498 \*Pittsburg, 620-231-4194 or 866-584-5498

Hospice Compassus 620-232-9898 800-957-6517 (BB; CK; CR; NO; LB)

Midland Hospice Care, Inc. Topeka, 800-491-3691

Mt. Carmel Medical Center Pittsburg, 620-231-4194

Mercy Regional Medical Center, Joplin, MO 417-623-8164 or 800-638-7073 (CK; CR)

## INFORMATION & ASSISTANCE

American Red Cross Coffeyville, 620-251-1050 (AL,CK,CR,MG, NO,WL,WO)

Salvation Army
\*KC MO 800-336-4547 x 368
\*Crawford Co.-Pittsburg
620-231-0415

Southeast Kansas AAA, Inc. Chanute 620-431-2980 or 800-794-2440 Fax: 620-431-2988 sekaaa@sekaaa.com

### **LEGAL SERVICES**

SEK Senior Citizen Law Project Pittsburg, 620-232-1330 or 800-723-6953 Kansas Elder Law Hotline 888-353-5337 www.kansaslegalservces.org

### **MEALS & TRANSPORTATION**

Also see individual listings by county

Senior Services of SEK, Inc. Coffeyville, 620-251-7313 or 800-273-1054 Fax: 620-251-1716

Mom's Meals (PD Medicaid Waiver Only)
Contact your case manager

### MEDICAL EQUIPMENT

Access Medical, Pittsburg 620-232-6245 or 877-936-8222

American Homepatient Pittsburg, 620-232-3452 or 800-231-3452

American Medical Equipment & Corp., Coffeyville 620-251-8257 or 800-530-5675

APRIA Health Care, Fort Scott 620-223-6015 or 800-362-0887

CARE4ALL Home Medical Equipment, Fort Scott 620-223-4141 or 866-771-4141 (24 hours)

Home Medical Service Parsons, 620-421-4239

LINCARE, Parsons 620-421-2774 or 800-401-2774

Mt. Carmel Medical Equipment Pittsburg, 620-235-0327

Reliable Medical Supply, Inc. Altamont, 620-784-2580 or 800-316-0101

### **NINE COUNTY RESOURCES**

Respiratory & Home Medical Iola, 620-365-3377

#### **MEDICARE**

800-633-4227 www.medicare.gov

### MENTAL HEALTH FACILITY

Applewood Rehabilitation Chanute, 620-431-7300

### **OMBUDSMAN**

State Long-Term Care Ombudsman, 877-662-8362

Elder Abuse Care 800-842-0078

#### RESPITE CARE

Guest Home Estates VIII Erie, 620-244-5301

Mercy Hospital Independence, 620-331-2200 Respite: 620-331-2200 x 8150

Mt. Carmel Medical Center Pittsburg, 620-231-6000 x 294

ResCare HomeCare Independence, 620-331-0000

SEK Respite Services, Inc. Parsons, 620-421-6550 x1642 800-362-0390 x1642 Fax: 620-421-0671

### RETIRED SENIOR VOLUNTEER PROGRAM

(RSVP)

Chanute, 620-431-2820 x 637 (AL; BB;NO;WO)

### **SECURITY SYSTEMS**

See individual listings by county

### **SENIOR CARE ACT**

Southeast Kansas AAA, Inc. Chanute, 620-431-2980 or 800-794-2440 Fax: 620-431-2988 sekaaa@sekaaa.com

## SENIOR CENTERS & NUTRITION / MEAL SITES

### **Meals & Transportation**

Also see individual listings by county

Senior Services of SEK, Inc. Coffeyville, 620-251-7313 or 800-273-1054 Fax: 620-251-1716

## SHICK (Senior Health Insurance Counseling for Kansas)

Kansas Department for Aging and Disability Services 800-860-5260

Southeast Kansas AAA, Inc. Chanute, 620-431-2980 or 800-794-2440 Fax: 620-431-2988 sekaaa@sekaaa.com

### SOCIAL & REHABILITATION SERVICES (see Department for Children & Families)

See individual listings by county

### **SOCIAL SECURITY**

\* AL, LB, MG,NO,WL 877-512-3855 \*BB 888-808-5441 \*CK & CR 866-964-7421 \*WO 866-698-2561 \*National: 800-772-1213 www.ssa.gov

### SOUTHEAST KANSAS LIBRARY SYSTEM

Talking Books Program, Iola 620-365-5136 / 800-279-3219 http://www.sekls.lib.ks.us/

## SUPPORT GROUP INFORMATION

Center for Community Support & Research, Wichita State University, Wichita 316-978-3843 or 800-445-0116 www.ccsr.wichita.edu

### **TRANSPORTATION**

See individual listings by county

### VETERANS AFFAIRS

\*Independence, 620-331-0540 \*WO County 620-342-3347

### WEATHERIZATION

SEK-CAP, Inc. www.sek-cap.com \*Girard, 620-724-8204

Rural Economic Community Development Iola, 620-365-2901 x 4

### WOUND CARE CENTER

## **ALLEN COUNTY**

### **ADULT DAY CARE**

Guest Home Estates V & Nursing Center Iola, 620-365-6989

Moran Manor Nursing Center Moran, 620-237-4309

Windsor Place Iola, 620-365-3183

### **APARTMENT COMPLEXES**

Humboldt Housing Authority Humboldt, 620-473-2391

Iola Housing Authority Iola, 620-365-5143

Parkford Apartments Iola, 620-365-8424

### **ASSISTED LIVING**

Arrowood Lane Residential Care Humboldt, 620-473-3456

Fountain Villa Residential Care Iola, 620-365-6002

Guest Home Estates V & Nursing Center Iola, 620-365-6989

Tara Gardens Residential Care Iola, 620-365-3107

### ATTENDANT CARE

Community Care Connection Iola, 620-365-5730 or 800-925-5750

RCIL (Resource Center for Independent Living)
\*Osage City, 785-528-3105 or 800-580-7245
TDD: 785-528-3105
\*Iola, 620-365-8144 or 877-944-8144

ResCare HomeCare Independence, 620-331-0000

SKIL (SEK Independent Living, Inc.) \*Parsons, 620-421-5502 or 800-688-5616 TDD: 620-421-0983 www.skilonline.com \*Chanute, 620-431-0757 or 866-927-0757 TDD: 620-431-0757 skilchanute@skilonline.com

TILRC (Topeka Independent Living Resource Center) Topeka, 785-233-4572 or 800-443-2207 www.tilrc.org

Windsor Place At Home Care \*Coffeyville, 620-251-1866 or 800-982-1866 \*Chanute, 620-431-7474 or 800-249-9530

### CASE MANAGEMENT

Southeast Kansas AAA, Inc. Chanute, 620-431-2980 or 800-794-2440 Fax: 620-431-2988 sekaaa@sekaaa.com

## CAREGIVER SUPPORT PROGRAM

Southeast Kansas AAA, Inc. Chanute, 620-431-2980 or 800-794-2440 Fax: 620-431-2988 sekaaa@sekaaa.com

### COAL MINER / LUNG BENEFIT

US Department of Labor Denver CO 800-366-4612

### DEPARTMENT FOR CHILDREN AND FAMILIES (DCF)

Iola, 620-365-1239

### **DIALYSIS CENTER**

Renal Care Group Chanute, 620-431-1239

### **DISABILITY SERVICES**

Kansas Aging and Disability Resource Center 855-200-2372

SKIL (SEK Independent Living, Inc.) www.skilonline.com
\*Parsons, 620-421-5502 or
800-688-5616
TDD: 620-421-0983
\*Chanute, 620-431-0757 or
866-927-0757
TDD: 620-431-0757
skilchanute@skilonline.com

### **EMERGENCY ALERT DEVICE**

Allen County Hospital Home Health, Iola 620-365-2120

Craw-Kan Communications Girard, 620-724-8235

Federal Protection, Joplin 417-625-4200 or 888-500-5001 www.federalprotection.com

Home Buddy, LLC, Wichita 866-922-8339

Touchton Electric Inc., Pittsburg 620-232-9294 or 800-232-9298

Trust Home Care, Wichita, 316-683-7700

### **ALLEN COUNTY**

### **EMERGENCY CENTER**

American Red Cross Coffeyville, 620-251-1050 Salvation Army \*Kansas City, MO 800-336-4547 x 368

#### HOME HEALTH

Allen County Hospital Home Health, Iola 620-365-2120

Angels Care Home Health Chanute, 620-432-0025 www.angmarholdings.com

Coffey County Hospital Home Health Burlington, 620-364-5655

Home Town Health Care Fredonia, 620-378-3760

Mercy Home Care Fort Scott, 620-223-8090

Neosho Memorial Home Health 620-432-5436

### HOMEMAKER SERVICES

Community Care Connection Iola, 620-365-5730 or 800-925-5750

Home Town Health Care Fredonia, 620-378-3760

RCIL (Resource Center for Independent Living)
\*Iola, 620-365-8144 or
877-944-8144

ResCare HomeCare Independence, 620-331-0000 SKIL (SEK Independent Living, Inc.) \*Chanute, 620-431-0757 866-927-0757 TDD: 620-431-0757 skilchanute@skilonline.com

SEK Respite Services, Inc. Parsons, 620-421-6550 x1642 800-362-0390 x1642

TILRC (Topeka Independent Living Resource Center) Topeka, 785-233-4572 or 800-443-2207 www.tilrc.org

Windsor Place At Home Care \*Chanute, 620-431-7474 or 800-249-9530

### **HOME REPAIR**

Rural Economic Community Development Iola, 620-365-2901 x 4

### HOSPICE

Allen County Hospital Hospice, Iola, 620-365-2120

#### Gentiva

\*Parsons, 620-421-6161 or 866-938-2100 www.gentiva.com

Harry Hynes Memorial Hospice \*Wichita, 620-231-7223 or 800-767-4965 (24 hours) \*Coffeyville, 620-251-1640 or 866-865-2154

Home Town Health Care Fredonia 620-378-3760

Horizon Hospice Neosho Memorial Regional Medical Center Chanute, 620-432-5436

Mercy Home Care Fort Scott, 620-223-8090 Midland Hospice Care, Inc. Topeka, 800-491-369

SouthernCare 866-273-6968

## INFORMATION & ASSISTANCE

American Red Cross Coffeyville, 620-251-1050

Salvation Army - \*KC MO, 800-336-4547 x 368

Southeast Kansas AAA, Inc. Chanute, 620-431-2980 or 800-794-2440 Fax: 620-431-2988 sekaaa@sekaaa.com

### **LEGAL SERVICES**

Kansas Elder Law Hotline 888-353-5337 www.kansaslegalservces.org

SEK Senior Citizen Law Project Pittsburg, 620-232-1330 or 800-723-6953

### **MEALS & TRANSPORTATION**

Senior Services of SEK, Inc. Coffeyville, 620-251-7313 or 800-273-1054

### (Meal Site & Home Delivered)

Iola Senior Citizens Bldg. Iola, 620-365-1440

Humboldt Senior Center Humboldt, 620-473-2851

### MEDICAL EQUIPMENT

American Homepatient Pittsburg, 620-232-3452 or 800-231-3452

American Medical Equipment & Corp., Coffeyville 620-251-8257 or 800-530-5675

APRIA Health Care, Fort Scott 620-223-6015 or 800-362-0887

### **ALLEN COUNTY**

CARE4ALL Home Medical Equipment Fort Scott, 620-223-4141 or 866-771-4141 (24 hours)

Home Medical Service Parsons, 620-421-4239

LINCARE, Parsons 620-421-2774 or 800-401-2774

Mt. Carmel Medical Equipment Pittsburg, 620-235-0327

Reliable Medical Supply, Inc. Altamont, 620-784-2580 or 800-316-0101

Respiratory & Home Medical Iola, 620-365-3377

### **OCCUPATIONAL THERAPY**

Allen County Regional Hospital Iola, 620-365-1051 or 800-444-0535

Moran Manor Nursing Center Moran, 620-237-4309

Windsor Place Iola, 620-365-3183

### PHYSICAL THERAPY

Allen County Regional Hospital, Iola 620-365-1051 or 800-444-0535

Moran Manor Nursing Center Moran, 620-237-4309

Windsor Place Iola, 620-365-3183

### **RESPITE CARE**

Guest Home Estates V & Nursing Center Iola, 620-365-6989

Home Town Health Care Fredonia, 620-378-3760

Moran Manor Nursing Center Moran, 620-237-4309

ResCare HomeCare Independence, 620-331-0000

SEK Respite Services, Inc. Parsons, 620-421-6550 x 1642 800-362-0390 x 1642 Fax: 620-421-0671

Windsor Place Iola, 620-365-3183

### RETIRED SENIOR VOLUNTEER PROGRAM (RSVP)

Chanute, 620-431-2820 x 637 (AL;BB;NO;WO)

### SENIOR CARE ACT

Southeast Kansas AAA, Inc. Chanute, 620-431-2980 or 800-794-2440 Fax: 620-431-2988 sekaaa@sekaaa.com

### **SENIOR CENTERS**

Humboldt Senior Center/Nutrition, 620-473-2851

Iola Senior Center/Nutrition 620-365-1440

## SHICK (Senior Health Insurance Counseling for Kansas)

Kansas Department for Aging and Disability Services 800-860-5260

Southeast Kansas AAA, Inc. Chanute, 620-431-2980 or 800-794-2440 Fax: 620-431-2988

sekaaa@sekaaa.com

**SOCIAL SECURITY** 

\*Independence 877-512-3855 \*National 800-772-1213

### SOCIAL & REHABILITATION SERVICES (See Department for Children and Families)

### **SPEECH THERAPY**

Moran Manor Nursing Center Moran, 620-237-4309

#### **TRANSPORTATION**

Allen County Transportation Iola, 620-365-1435

Neosho Memorial Regional Medical Center Care Car Chanute, 620-212-0342

Senior Services of SEK, Inc. \*Coffeyville, 620-251-7313 or 800-273-1054 \*Humboldt, 620-473-2851 \*Iola, 620-365-1440

## VETERANS AFFAIRS – KS Benefits

Independence, 620-331-0540

### WEATHERIZATION

SEK-CAP, Inc.
\*Girard central office
620-724-8204
www.sek-cap.com
\*Fort Scott, 620-223-0680

Rural Economic Community Development Iola, 620-365-2901 x 4

### WOUND CARE CENTER

## **BOURBON COUNTY**

### ADULT DAY CARE

Guest Home Estates VI Fort Scott, 620-223-1620

Fort Scott Manor Fort Scott, 620-223-3120

Medicalodge of Fort Scott Fort Scott, 620-223-0210

### **APARTMENT COMPLEXES**

Cavalry Crossing Fort Scott, 620-223-0660

Cottonwood Estates / Uniontown Apt Complex Redfield, 620-756-1000

Fort Scott Housing Fort Scott, 620-223-4570

Fort Scott Presbyterian Village Fort Scott, 620-223-5550

Ironquill Estates Fort Scott, 620-223-3150

Orange Grove Apartments Fort Scott, 620-223-6722

Redfield Country View Estates Redfield, 620-756-4680

Sunnyside Estate Bronson, 620-756-1000

### **ASSISTED LIVING**

Booth Place Bronson, 620-939-4391

Presbyterian Village Fort Scott, 620-223-5550

Guest Home Estates VI Residential Care Fort Scott, 620-223-1620

### ATTENDANT CARE

Community Care Connection Fort Scott 620-223-5085 / 888-223-5085

RCIL (Resource Center for Independent Living)
\*Osage City, 785-528-3105 or 800-580-7245
TDD: 785-528-3105

ResCare HomeCare Independence, 620-331-0000

SKIL (SEK Independent Living Resource Center, Inc.) Pittsburg, 620-231-6780 or 866-927-6780 TDD: 620-231-6780 skilpittsburg@skilonline.com

TILRC (Topeka Independent Living Resource Center) Topeka, 785-233-4572 or 800-443-2207 www.tilrc.org

Windsor Place At Home Care Pittsburg, 620-231-6410 or 800-292-6068

## CAREGIVER SUPPORT PROGRAM

Southeast Kansas AAA, Inc. Chanute, 620-431-2980 or 800-794-2440 Fax 620-431-2988 sekaaa@sekaaa.com

### **CASE MANAGEMENT**

Southeast Kansas AAA, Inc. Chanute, 620-431-2980 or 800-794-2440 Fax 620-431-2988 sekaaa@sekaaa.com

### COAL MINER / LUNG BENEFIT

US Department of Labor Denver CO, 800-366-4612

### DEPARTMENT FOR CHILDREN AND FAMILIES (DCF)

Fort Scott, 620-223-4010

### **DIALYSIS CENTER**

Renal Care Group Chanute, 620-431-1239

### **DISABILITY SERVICES**

Kansas Aging and Disability Resource Center 855-200-2372

SKIL (SEK Independent Living, Inc.), Pittsburg 620-231-6780 or 866-927-6780 TDD: 620-231-6780 skilpittsburg@skilonline.com

### **EMERGENCY ALERT DEVICE**

Craw-Kan Communications Girard, 620-724-8235

Federal Protection Joplin, 417-625-4200 or 888-500-5001 www.federalprotection.com

Home Buddy, LLC, Wichita, 866-922-8339

Mercy Health Systems of Kansas, Inc. Mercy Home Care, Fort Scott 620-223-8090 or 800-464-7942

Touchton Electric Inc., Pittsburg 620-232-9294 or 800-232-9298

Trust Home Care, Wichita, 316-683-7700

### **EMERGENCY CENTER**

American Red Cross Bourbon County-Fort Scott 620-223-0980

## **BOURBON COUNTY**

Salvation Army \*KC, MO 800-336-4547

## FAMILY & COMMUNITY SERVICES

SEK-CAP Fort Scott, 620-223-0680

### **HOME HEALTH**

Allen County Hospital Home Health, Iola 620-365-1300 or 800-444-0535

Angels Care Home Health Pittsburg, 620-232-2922 www.angmarholdings.com

Fort Scott Manor Home Health Agency Fort Scott, 620-223-3120

Fort Scott Presbyterian Village Fort Scott, 620-223-5550

Home Town Health Care Fredonia, 620-378-3760

Mercy Home Care, Fort Scott 620-223-8090 or 800-464-7942

### **HOMEMAKER SERVICE**

Community Care Connection Fort Scott, 620-223-5085 or 888-223-5085

Fort Scott Manor Fort Scott, 620-223-3120

Home Town Health Care Fredonia 620-378-3760

RCIL (Resource Center for Independent Living)
\*Osage City, 785-528-3105 or 800-580-7245
TDD: 785-528-3105
\*Iola, 620-365-8144or 877-944-8144

ResCare HomeCare Independence, 620-331-0000

SKIL (SEK Independent Living, Inc.) \*Parsons, 620-421-5502 or 800-688-5616 TDD: 620-421-0983 www.skilonline.com \*Chanute, 620-431-0757 or 866-927-0757 TDD: 620-431-0757 skilchanute@skilonline.com

SEK Respite Services, Inc. Parsons, 620-421-6550 x1642 800-362-0390 x1642

TILRC (Topeka Independent Living Resource Center), Topeka, 785-233-4572 or 800-443-2207 www.tilrc.org

Windsor Place At Home Care Pittsburg, 620-231-6410 or 800-292-6068

### **HOME REPAIR**

Rural Economic Community Development Iola, 620-365-2901 x 4

### **HOSPICE**

Allen County Hospice Iola, 620-365-1300 or 800-444-0535 x 1300

Fort Scott Manor Home Health Agency Fort Scott, 620-223-3120

Gentiva Parsons, 620-421-6161 866-938-2100 www.gentiva.com Harry Hynes Memorial Hospice \*Wichita, 620-231-7223 or 800-767-4965 (24 hours) www.hynesmemorial.org \*Coffeyville, 620-251-1640 or 866-865-2154 \*Parsons, 620-423-3863 or 866-584-5498 \*Pittsburg, 620-231-4194 or 866-584-5498

Horizon Hospice Neosho Memorial Regional Medical Center Chanute, 620-432-5436

Hospice Compassus 620-232-9898 or 800-957-6517

Mercy Home Care Fort Scott, 620-223-8090 800-464-7942

Medicalodge of Fort Scott Skilled Nursing Facility Fort Scott, 620-223-0210

Midland Hospice Care, Inc. Topeka, 800-491-3691

Mt. Carmel Medical Center Pittsburg Hospice 620-231-4194

SouthernCare 866-273-6968

## INFORMATION & ASSISTANCE

Southeast Kansas AAA, Inc. Chanute, 620-431-2980 or 800-794-2440 Fax 620-431-2988 sekaaa@sekaaa.com

American Red Cross Bourbon Co-Fort Scott 620-235-1436

### **BOURBON COUNTY**

Salvation Army \*KC, MO 800-336-4547 x 368

### **Commodities:**

Bourbon Co. Senior Citizens Fort Scott, 620-223-0750

### LEGAL SERVICES

Kansas Elder Law Hotline 888-353-5337 www.kansaslegalservces.org

SEK Senior Citizen Law Project Pittsburg, 620-232-1330 or 800-723-6953

### **MEALS**

Senior Services of SEK, Inc. Coffeyville, 620-251-7313 or 800-273-1054 Fax 620-251-1716

Bourbon Co. Senior Citizens Fort Scott, 620-223-0750

### MEDICAL EQUIPMENT

American Homepatient Pittsburg, 620-232-3452 or 800-231-3452

American Medical Equipment & Corp., Coffeyville 620-251-8257 or 800-530-5675

APRIA Health Care, Fort Scott 620-223-6015 or 800-362-0887

CARE4ALL Home Medical Equipment Fort Scott, 620-223-4141 or 866-771-4141 (24 hours)

Home Medical Service Parsons, 620-421-4239

LINCARE, Parsons 620-421-2774 or 800-401-2774

Mt. Carmel Medical Equipment Pittsburg, 620-235-0327

Respiratory & Home Medical Iola, 620-365-3377

### REHABILITATION THERAPY

Fort Scott Manor Home Health Agency Fort Scott, 620-223-3120

#### RESPITE CARE

Fort Scott Manor Home Health Agency Fort Scott, 620-223-3120

Guest Home Estates VI Fort Scott, 620-223-1620

Home Town Health Care Fredonia, 620-378-3760

Medicalodge of Fort Scott Fort Scott, 620-223-0210

Mercy Health Systems of Kansas, Inc. Mercy Home Care, Fort Scott 620-223-7028

ResCare HomeCare Independence, 620-331-0000

SEK Respite Services, Inc. Parsons, 620-421-6550 x1642 800-362-0390 x 1642 Fax 620-421-0671

### RETIRED SENIOR VOLUNTEER PROGRAM (RSVP)

Fort Scott, 620-431-2820 x637

### **SENIOR CARE ACT**

Southeast Kansas AAA, Inc. Chanute, 620-431-2980 or 800-794-2440 Fax 620-431-2988 sekaaa@sekaaa.com

### SENIOR CENTER

Senior Citizens Club Fort Scott, 620-223-5290

### **SOCIAL SECURITY**

\*Nevada 888-808-5441 \*National 800-772-1213

## SHICK (Senior Health Insurance Counseling for Kansas)

Kansas Department for Aging and Disability Services 800-860-5260

Southeast Kansas AAA, Inc. Chanute, 620-431-2980 or 800-794-2440 Fax 620-431-2988 sekaaa@sekaaa.com

### SOCIAL & REHABILITATION SERVICES (see Department for Children and Families)

### **TRANSPORTATION**

SEK-CAP, Inc. Fort Scott, 620-224-0360

Senior Services of SEK, Inc. Coffeyville, 620-251-7313 or 800-273-1054

### **VETERANS AFFAIRS**

KS Benefits – Independence, 620-331-0540

### WEATHERIZATION

SEK-CAP, Inc. \*Girard, 620-724-8204 \*Fort Scott, 620-223-0680 www.sek-cap.com

Rural Economic Community Development Iola, 620-365-2901 x 4

### WOUND CARE CENTER

### ADULT DAY CARE

Autumn Place Baxter Springs, 620-856-3999

Autumn Place Columbus, 620-429-1011

Emerald Point Galena, 620-783-2755

Galena Nursing & Rehabilitation Center Galena, 620-783-1383

Medicalodge Columbus, 620-429-2134

Quaker Hill Manor Baxter Springs, 620-848-3797

#### **ALZHEIMER'S CARE**

Autumn Place Memory Care Unit Columbus, 620-429-2212

### APARTMENT COMPLEXES

Apple Glen Apartments Columbus, 620-429-3202

Baxter Springs Housing, Inc. Senior Citizens Village Baxter Springs, 620-856-4106

Cherry Creek Town House Columbus, 620-429-1731

Columbus Housing Authority Country Side Acres Columbus, 620-429-1050

Columbus Housing, Inc. Central Apartments Columbus, 620-429-1731

Galena Housing Authority Galena, 620-783-5525

Park Place Senior Apartments Columbus, 620-429-1110 Senior Citizen Lakeside Apartments, Galena 620-783-2831 (Tuesday -12:30-4:30 p.m.)

The Springs Apartments Baxter Springs, 620-856-2666 (Wednesday 9 a.m.-12 noon)

### ASSISTED LIVING

Autumn Place Baxter Springs, 620-856-3999

Autumn Place Columbus, 620-429-1011

Gran Villa Columbus, 620-429-4317

### ATTENDANT CARE

Community Care Connection Fort Scott, 620-223-5085 or 888-223-5085

RCIL (Resource Center for Independent Living)
\*Osage City, 785-528-3105 or 800-580-7245
TDD: 785-528-3105

ResCare HomeCare Independence, 620-331-0000

SKIL (SEK Independent Living, Inc.) \*Parsons, 620-421-5502 or 800-688-5616 TDD: 620-421-0983 www.skilonline.com \*Columbus, 620-429-3600 or 866-927-3600 TDD: 620-429-3600 skilcolumbus@skilonline.com \*Pittsburg, 620-231-6780 /or 866-927-6780 TDD: 620-231-6780 skilpittsburg@skilonline.com TILRC (Topeka Independent Living Resource Center) Topeka, 785-233-4572 or 800-443-2207 www.tilrc.org

Windsor Place At Home Care \*Coffeyville, 620-251-1866 or 800-982-1866 \*Columbus, 620-429-3803 or 888-656-3723

### **CASE MANAGEMENT**

Southeast Kansas AAA, Inc. Chanute, 620-431-2980 or 800-794-2440 Fax 620-431-2988 sekaaa@sekaaa.com

### **CAREGIVER SUPPORT**

Southeast Kansas AAA, Inc. Chanute, 620-431-2980 or 800-794-2440 Fax 620-431-2988 sekaaa@sekaaa.com

### COAL MINER / LUNG BENEFIT

US Department of Labor Denver CO 800-366-4612

### DEPARTMENT FOR CHILDREN AND FAMILIES (DCF)

Columbus 620-429-3014

### **DIALYSIS CENTER**

Renal Care Group Chanute, 620-431-1239

### **DISABILITY SERVICES**

Kansas Aging and Disability Resource Center 855-200-2372

New Hope Services Pittsburg, 620-231-2791

SKIL (SEK Independent Living, Inc.) \*Parsons, 620-421-5502 or 800-688-5616 TDD: 620-421-0983 www.skilonline.com \*Columbus, 620-429-3600 or 866-927-3600 TDD: 620-429-3600 skilcolumbus@skilonline.com \*Pittsburg, 620-231-6780 or 866-927-6780 TDD: 620-231-6780 skilpittsburg@skilonline.com

### **EMERGENCY ALERT DEVICE**

Craw-Kan Communications Girard, 620-724-8235

Federal Protection Joplin, 417-625-4200 or 888-500-5001 www.federalprotection.com

Home Buddy, LLC, Wichita 866-922-8339

Mt. Carmel Medical Equipment Pittsburg, 620-235-0327 or 888-236-6700

Touchton Electric Inc., Pittsburg 620-232-9294 or 800-232-9298

Trust Home Care, Wichita, 316-683-7700

### **EMERGENCY CENTER**

American Red Cross 620-820-9404

Salvation Army \*KC, MO 800-336-4547

#### HOME HEALTH

Angels Care Home Health Pittsburg, 620-232-2922 www.angmarholdings.com Freeman Home Care Services
\*Joplin, MO, 417-347-1111 or
800-253-4910
\*Baxter Springs
620-856-3026

Home Town Health Care Fredonia, 620-378-3760

Mt. Carmel Home Health Services Pittsburg, 620-231-3088

New Hope Services Pittsburg, 620-231-2791

Mercy Home Health \*Joplin, 417-781-2004 or 800-638-7068

### HOMEMAKER SERVICES

Community Care Connection Columbus, 620-429-4133

Home Town Health Care Fredonia, 620-378-3760

ResCare HomeCare Independence, 620-331-0000

SEK Respite Services, Inc. Parsons, 620-421-6550 x1642 800-362-0390 x1642

SKIL (SEK Independent
Living, Inc.)
 \*Parsons, 620-421-5502 or
800-688-5616
TDD: 620-421-0983
www.skilonline.com
 \*Columbus, 620-429-3600 or
866-927-3600
TDD: 620-429-3600
skilcolumbus@skilonline.com
 \*Pittsburg, 620-231-6780 or 866927-6780
TDD: 620-231-6780
skilpittsburg@skilonline.com

Windsor Place At Home Care \*Coffeyville, 620-251-1866 or 800-982-1866 \*Columbus, 620-429-3803 or 888-656-3723

### **HOME REPAIR**

Rural Economic Community Development Iola, 620-365-2901 x 4

#### HOSPICE

Gentiva Parsons, 620-421-6161 or 866-938-2100 www.gentiva.com

Harry Hynes Memorial Hospice \*Wichita, 620-231-7223 or 800-767-4965 (24 hours) www.hynesmemorial.org \*Coffeyville, 620-251-1640 or 866-865-2154 \*Parsons, 620-423-3863 or 866-584-5498 \*Pittsburg, 620-231-4194 or 866-584-5498

Hospice Compassus 620-232-9898 800-957-6517

Midland Hospice Care, Inc. Topeka, 800-491-3691

SouthernCare Pittsburg, 620-231-8000 866-273-6968

Mercy Hospice, Joplin 800-638-7073

## INFORMATION & ASSISTANCE

Southeast Kansas AAA, Inc. Chanute, 620-431-2980 or 800-794-2440 Fax 620-431-2988 sekaaa@sekaaa.com

American Red Cross
\*Coffeyville, 620-251-1050
\*Cherokee Co.-Pittsburg,
620-235-1436

Salvation Army \*KC, MO 800-336-4547 x 368

### **LEGAL SERVICES**

Kansas Elder Law Hotline 888-353-5337 www.kansaslegalservces.org

SEK Senior Citizen Law Project Pittsburg, 620-232-1330 or 800-723-6953

## MEAL SITE & HOME DELIVERED

Senior Services of SEK, Inc. Coffeyville, 620-251-7313 or 800-273-1054 Fax: 620-251-1716

Baxter Springs Community Center Baxter Springs, 620-856-2450

First Christian Church Temporary Drop-Off Point Columbus, 620-232-7443

Galena, 620-783-2317

Scammon Nutrition Site City Hall, 620-479-2925

### MEDICAL EQUIPMENT

American Homepatient Pittsburg, 620-232-3452 or 800-231-3452

American Medical Equipment & Corp., Coffeyville 620-251-8257 or 800-530-5675

APRIA Health Care, Fort Scott 620-223-6015 or 800-362-0887

CARE4ALL Home Medical Equipment Fort Scott, 620-223-4141 or 866-771-4141 (24 hours)

Home Medical Service Parsons, 620-421-4239

LINCARE, Parsons 620-421-2774 or 800-401-2774

Mt. Carmel Medical Equipment Pittsburg, 620-235-0327

Reliable Medical Supply, Inc. Altamont, 620-784-2580 or 800-316-0101

St. John's Medical Equipment Company, Joplin 800-874-7048

### REHABILITATION CENTER

Galena Nursing & Rehabilitation Center Galena, 620-783-1383

### RESPITE CARE

Galena Nursing & Rehabilitation Center Galena, 620-783-1383

Home Town Health Care Fredonia, 620-378-3760

ResCare HomeCare Independence, 620-331-0000

SEK Respite Services, Inc. Parsons, 620-421-6550 x 1642 800-362-0390 x 1642 Fax: 620-421-0671

### SECURITY SYSTEMS

Craw-Kan Communications Girard, 620-724-8235

Touchton Electric Inc., Pittsburg 620-232-9294 or 800-232-9298

### **SENIOR CARE ACT**

Southeast Kansas AAA, Inc. Chanute, 620-431-2980 or 800-794-2440 Fax 620-431-2988 sekaaa@sekaaa.com

### **SENIOR CENTERS**

Baxter Springs Community Center, 620-856-2450

Senior Citizen's Center Galena, 620-783-2384

Cherokee County Hospitality Center Columbus, 620-429-2105

## SHICK (Senior Health Insurance Counseling for Kansas)

Kansas Department for Aging and Disability Services 800-860-5260

Southeast Kansas AAA, Inc. Chanute, 620-431-2980 or 800-794-2440 Fax 620-431-2988 sekaaa@sekaaa.com

### **SOCIAL & REHABILITATION**

**SERVICES** see Department for Children and Families (DCF)

### **SOCIAL SECURITY**

\*Joplin 866-964-7421 \*National 800-772-1213

### **TRANSPORTATION**

SEK-CAP, Inc Girard, 620-724-8204

Senior Services of SEK Columbus, 620-251-7313 or 800-273-1054

Baxter Springs Van 620-856-2450

Galena Senior Center 620-783-2384

### **VETERANS AFFAIRS**

KS Benefits – Independence 620-331-0540

### WEATHERIZATION

Rural Economic Community Development Iola, 620-365-2901 x 4

### **WOUND CARE CENTER**

### ADULT DAY CARE

Deseret of Arma Arma, 620-347-4103

Golden Living Center Pittsburg, 620-231-1120

Medicalodge South of Pittsburg Pittsburg, 620-231-0300

Medicalodge Frontenac, 620-231-7340

Via Christi Pittsburg 620-235-0020

### **ALZHEIMER'S CARE**

Golden Living Center Pittsburg, 620-231-1120

Medicalodge Skilled Nursing Facility Fort Scott, 620-223-0210

### **APARTMENT COMPLEXES**

Courtyard Apartments, Arma 620-347-4756 (Tue & Fri: 9-12)

Frontenac Housing Authority Frontenac, 620-232-1042

Girard Housing Authority Water Street Apartments Girard, 620-724-8668

Highland Meadows of Kansas Pittsburg, 620-232-1940

Knights of Columbus Towers Pittsburg, 620-231-1131

Maple Tree Apartments Girard, 620-724-8382

Pittsburg Housing Authority Pittsburg, 620-232-1210 Sycamore Village Residences Pittsburg, 620-231-0660

The Hometown Village Mulberry, 620-764-3773

The Stilwell Pittsburg, 620-232-3707

Walnut Housing Authority Walnut, 620-354-6595

### ASSISTED LIVING

Carrington Place Pittsburg, 620-235-1212 www.americareusa.net

Guest Home Estates IV Pittsburg, 620-235-0522

Oakview Estates, Frontenac, 620-232-3555 www.oakview-ALF.com

Via Christi Village Pittsburg, 620-235-0020

Vintage Place, Inc. Pittsburg, 620-231-4554

WestRidge Girard, 620-724-6760

### ATTENDANT CARE

Girard Medical Center, Girard 620-724-8291 or 888-600-9403

Medicalodge Skilled Nursing Facility Fort Scott, 620-223-0210

RCIL (Resource Center for Independent Living)
Osage City, 785-528-3105 or 800-580-7245
TDD: 785-528-3105

ResCare HomeCare Independence, 620-331-0000 SKIL (SEK Independent Living, Inc.) \*Parsons, 620-421-5502 or 800-688-5616 TDD: 620-421-0983 www.skilonline.com \*Pittsburg, 620-231-6780 or 866-927-6780 TDD: 620-231-6780 skilpittsburg@skilonline.com

TILRC (Topeka Independent Living Resource Center) Topeka, 785-233-4572 or 800-443-2207 www.tilrc.org

Windsor Place At Home Care \*Coffeyville, 620-251-1866 or 800-982-1866 \*Pittsburg, 620-231-6410 or 800-292-6068

## CAREGIVER SUPPORT PROGRAM

Southeast Kansas AAA, Inc. Chanute, 620-431-2980 or 800-794-2440 Fax 620-431-2988 sekaaa@sekaaa.com

### **CASE MANAGEMENT**

Southeast Kansas AAA, Inc. Chanute, 620-431-2980 or 800-794-2440 Fax 620-431-2988 sekaaa@sekaaa.com

## COAL MINER / LUNG BENEFIT

US Department of Labor Denver CO 800-366-4612

### DEPARTMENT FOR CHILDREN & FAMILIES (DCF) 620-231-5300

### **DIALYSIS CENTER**

Renal Care Group Chanute, 620-431-1239

#### **DISABILITY SERVICES**

Kansas Aging and Disability Resource Center 855-200-2372

New Hope Services Pittsburg, 620-231-2791

SKIL (SEK Independent Living, Inc.) \*Parsons, 620-421-5502 or 800-688-5616 TDD: 620-421-0983 www.skilonline.com \*Pittsburg, 620-231-6780 or 866-927-6780 TDD: 620-231-6780 skilpittsburg@skilonline.com

### EMERGENCY ALERT DEVICE

Craw-Kan Communications Girard, 620-724-8235

Federal Protection, Joplin 417-625-4200 or 888-500-5001 www.federalprotection.com

Home Buddy, LLC Wichita, 866-922-8339

Mercy Health Systems of Kansas, Inc. Mercy Home Care, Fort Scott 620-223-8090 or 800-464-7942

Mt. Carmel Medical Center Pittsburg, 620-231-6100

Touchton Electric Inc., Pittsburg 620-232-9294 or 800-232-9298

Trust Home Care, Wichita, 316-683-7700

### **EMERGENCY CENTER**

American Red Cross –

\*Coffeyville, 620-251-1050

\*Crawford Co.-Pittsburg
620-235-1436

Salvation Army
\*KC, MO 800-336-4547 x 368
\*Crawford Co.-Pittsburg,
620-231-0415

## FAMILY/COMMUNITY SERVICES

SEK-CAP Pittsburg, 620-231-5400 x 3 crfamserv@sbcglobal.net

#### HOME HEALTH

Angels Care Home Health Pittsburg, 620-232-2922 www.angmarholdings.com

Girard Medical Center, Girard 620-724-8291 or 888-600-9403

Home Town Health Care Fredonia, 620-378-3760

Medicalodge Skilled Nursing Facility Fort Scott, 620-223-0210

Mercy Home Health Fort Scott, 620-223-8090 800-464-7942

Mt. Carmel Home Health Services Pittsburg, 620-231-3088

Neosho Memorial Home Health (Walnut only) 620-432-5436

New Hope Services Pittsburg, 620-231-2791

Mercy Home Health, Joplin 417-781-2004 or 800-638-7068

### HOMEMAKER SERVICE

Community Care Connection Fort Scott, 620-223-5085 or 888-223-5085

Home Town Health Care Fredonia, 620-378-3760

Independent Care Services, Inc. Pittsburg, 620-232-1650

ResCare HomeCare Independence, 620-331-0000

SEK Respite Services, Inc. Parsons, 620-421-6550 x 1642 800-362-0390 x 1642

SKIL (SEK Independent Living, Inc.) \*Pittsburg, 620-231-6780 or 866-927-6780 TDD: 620-231-6780 skilpittsburg@skilonline.com

Windsor Place At Home Care \*Coffeyville, 620-251-1866 or 800-982-1866 \*Pittsburg, 620-231-6410 or 800-292-6068

### **HOME REPAIR**

Pittsburg Housing Authority Pittsburg, 620-232-1210

Rural Economic Community Development Iola, 620-365-2901 x 4

#### **HOSPICE CARE**

Gentiva \*Parsons, 620-421-6161 or 866-938-2100 www.gentiva.com

Hospice Compassus, Pittsburg 620-232-9898 or 800-957-6517 www.hospicecompassus.com

Harry Hynes Memorial Hospice \*Wichita, 620-231-7223 or 800-767-4965 (24 hours) \*Coffeyville, 620-251-1640 or 866-865-2154 \*Parsons, 620-423-3863 or 866-584-5498 \*Pittsburg, 620-231-4194 or 866-584-5498 www.hynesmemorial.org

Home Town Health Care Fredonia, 620-378-3760

Horizon Hospice Neosho Memorial Medical Center Chanute, 620-432-5436

Mercy Home Care Fort Scott, 620-223-8090 800-464-7942

Medicalodge Skilled Nursing Facility Fort Scott, 620-223-0210

Midland Hospice Care, Inc. Topeka, 800-491-3691

Mt. Carmel Hospice Pittsburg, 620-231-4194

Mercy Hospice, Joplin 800-638-7073

Golden Living Center Pittsburg, 620-231-1120

SouthernCare Pittsburg, 620-231-8000 866-273-6968

Sunset Manor Frontenac, 620-231-7340

## INFORMATION & ASSISTANCE

Southeast Kansas AAA, Inc. Chanute, 620-431-2980 or 800-794-2440 Fax 620-431-2988 sekaaa@sekaaa.com

American Red Cross \*Coffeyville, 620-251-1050

Salvation Army \*KC, MO 800-336-4547 x 368 \*Pittsburg, 620-231-0415

Thrift Store – Good Will Pittsburg, no phone

Thrift Store – Salvation Army Pittsburg, 620-231-4230

SEK Respite Services, Inc. Parsons, 620-421-6550 x1642 800-362-0390 x1642

#### LEGAL SERVICES

Kansas Elder Law Hotline 888-353-5337 www.kansaslegalservces.org

SEK Senior Citizen Law Project Pittsburg, 620-232-1330 or 800-723-6953

## MEAL SITE & HOME DELIVERED

Senior Services of SEK, Inc. Coffeyville, 620-251-7313 or 800-273-1054 Fax: 620-251-1716

Arma Home Delivered Arma, 620-232-7443 877-748-7443

Girard Civic Center Girard, 620-724-6073 Homer Cole Senior Center Pittsburg, 620-232-7443 or 877-748-7443

McCune, 620-632-4201 877-748-7443

Mt. Carmel Hospital Pittsburg, 620-231-4800

Mt. Carmel Medical Center Meals on Wheels Pittsburg, 620-231-4880

### MEDICAL EQUIPMENT

American Homepatient Pittsburg, 620-232-3452 or 800-231-3452

American Medical Equipment & Corp., Coffeyville 620-251-8257 or 800-530-5675

APRIA Health Care, Fort Scott 620-223-6015 or 800-362-0887

CARE4ALL Home Medical Equipment Fort Scott, 620-223-4141 or 866-771-4141 (24 hours)

Home Medical Service Parsons, 620-421-4239

LINCARE, Parsons 620-421-2774 or 800-401-2774

Mt. Carmel Medical Equipment Pittsburg, 620-235-0327

Reliable Medical Supply, Inc. Altamont, 620-784-2580 or 800-316-0101

Mercy Medical Supply Company, Joplin, 800-874-7048

### **OUT-PATIENT THERAPY**

Golden Living Center Pittsburg, 620-231-1120

### SECURITY SYSTEMS

Craw-Kan Communications Girard, 620-724-8235

#### RESPITE CARE

Arma Care Center Arma, 620-347-4103

Girard Medical Center, Girard 620-724-8291 or 888-600-9403

Golden Living Center Pittsburg, 620-231-1120

Home Town Health Care Fredonia 620-378-3760

Mt. Carmel Medical Center Pittsburg, 620-231-6100 x 294

Medicalodge Skilled Nursing Facility Fort Scott, 620-223-0210

ResCare HomeCare Independence, 620-331-0000

SEK Respite Services, Inc. Parsons, 620-421-6550 x 1642 800-362-0390 x 1642

Sunset Manor Frontenac, 620-231-7340

### **SENIOR CARE ACT**

Southeast Kansas AAA, Inc. Chanute, 620-431-2980 or 800-794-2440 Fax 620-431-2988 sekaaa@sekaaa.com

### SENIOR CENTER

Arma Golden Era Arma, 620-347-4745 Cherokee Senior Center Cherokee, 620-457-8701

Girard Senior Ctr./Nutrition Girard, 620-724-6073

Homer Cole Senior Center Pittsburg, 620-231-9773

Mulberry Senior Citizens Center Mulberry, no phone

## SHICK (Senior Health Insurance Counseling for Kansas)

Kansas Department for Aging and Disability Services 800-860-5260

Southeast Kansas AAA, Inc. Chanute, 620-431-2980 or 800-794-2440 Fax 620-431-2988 sekaaa@sekaaa.com

### SOCIAL & REHABILITATION

**SERVICES** (see Department for Children and Families)

### **SOCIAL SECURITY**

\*Joplin 866-964-7421 \*National 800-772-1213

### TRANSPORTATION

Frontenac Transportation Frontenac, 620-235-3315

McCune Friendship Villa Trans McCune, 620-632-5186

Pittsburg Transportation Pittsburg, 620-235-3314

SEK-CAP

\*Girard, 620-724-0214 message \*Pittsburg, 620-687-2759

#### VETERANS AFFAIRS

KS Benefits – Independence, 620-331-0540

#### WEATHERIZATION

SEK-CAP, Inc. \*Girard, 620-724-8204 \*Pittsburg, 620-231-5400 x 3 www.sek-cap.com

Rural Economic Community Development Iola, 620-365-2901 x 4

### **WOUND CARE CENTER**

### **ADULT DAY CARE**

Chetopa Manor Chetopa, 620-236-7248

Deseret Oswego, 620-795-4429

Elmhaven East Skilled Rehab & Nursing Center Parsons, 620-421-1430

Elmhaven West Skilled Rehab & Nursing Center Parsons, 620-421-1320

Good Samaritan 620-421-1110

Parsons Presbyterian Manor Parsons, 620-421-1450

### APARTMENT COMPLEXES

Altamont Housing, Inc. Altamont, 620-784-2479

Chetopa Housing Chetopa, 620-236-7140

Golden Homes Edna, 620-922-7263

Kensington Court Parsons, 620-423-3728

Mound Valley Apartments Mound Valley, 620-328-2785

Mulberry Estates Chetopa, 620-764-3773

Parsons Village Apartments Parsons, 620-421-1501

Parsons Housing Authority Parsons, 620-421-7040

Plaza Place Parsons, 620-421-6366 Prairie Meadows Apartments Parsons, 620-421-0111

Savannah Park Apartments Parsons, 620-421-2626

#### ASSISTED LIVING

Oswego, 620-795-4750

Presbyterian Manor Parsons, 620-421-1450

Woodridge Estates Parsons, 620-421-4700

### ATTENDANT CARE

RCIL (Resource Center for Independent Living)
\*Osage City, 785-528-3105 or 800-580-7245
TDD: 785-528-3105

ResCare HomeCare Independence, 620-331-0000

SKIL (SEK Independent Living, Inc.) \*Parsons, 620-421-5502 or 800-688-5616 TDD: 620-421-0983 www.skilonline.com \*Pittsburg, 620-231-6780 or 866-927-6780 TDD: 620-231-6780 skilpittsburg@skilonline.com

TILRC (Topeka Independent Living Resource Center) Topeka, 785-233-4572 or 800-443-2207 www.tilrc.org Windsor Place At Home Care \*Coffeyville, 620-251-1866 or 800-982-1866 \*Columbus, 620-429-3803 or 888-656-3723 (CK; LB) \*Independence, 620-331-3388 or 866-331-3388 (LB; MG)

## CAREGIVER SUPPORT PROGRAM

Southeast Kansas AAA, Inc. Chanute, 620-431-2980 or 800-794-2440 Fax 620-431-2988 sekaaa@sekaaa.com

### **CASE MANAGEMENT**

Southeast Kansas AAA, Inc. Chanute, 620-431-2980 or 800-794-2440 Fax 620-431-2988 sekaaa@sekaaa.com

### COAL MINER / LUNG BENEFIT

US Department of Labor Denver, CO 800-366-4612

### DEPARTMENT FOR CHILDREN AND FAMILY SERVICES (DCF)

Parsons, 620-421-4500

### **DIALYSIS CENTER**

Renal Care Group Chanute, 620-431-1239

### **DISABILITY SERVICES**

Kansas Aging and Disability Resource Center 855-200-2372

SKIL (SEK Independent Living, Inc.) \*Parsons, 620-421-5502 or 800-688-5616 TDD: 620-421-0983 www.skilonline.com

New Hope Services Pittsburg, 620-231-2791

**EMERGENCY ALERT DEVICE** 

Coffeyville Regional Medical Center Lifeline 620-251-1200 or 800-540-2762

Craw-Kan Communications Girard, 620-724-8235

Federal Protection, Joplin 417-625-4200 or 888-500-5001 www.federalprotection.com

Home Buddy, LLC Wichita, 866-922-8339

Labette Health Parsons, 620-421-4880 Lifeline, 620-820-5478

Touchton Electric Inc., Pittsburg 620-232-9294 or 800-232-9298

Trust Home Care Wichita, 316-683-7700

### **EMERGENCY CENTER**

American Red Cross Labette County Parsons, 620-820-9404

Labette County Emergency Assistance Center Parsons, 620-421-0700

Salvation Army \*KC, MO 800-336-4547 x 368

### HEALTH DEPARTMENT

Labette County Health Dept. Parsons, 620-421-4350

### **HOME HEALTH**

Angels Care Home Health \*Pittsburg, 620-232-2922 www.angmarholdings.com

Coffeyville Regional Medical Center 620-251-1200 or 800-540-2762 Home Health – 620-251-1507 (LB; MG)

Home Town Health Care Fredonia, 620-378-3760

New Hope Services Pittsburg, 620-231-2791

Presbyterian Manor Home Health Agency Parsons, 620-421-1450

#### HOMEMAKER SERVICE

Home Town Health Care Fredonia, 620-378-3760

RCIL (Resource Center for Independent Living) \*Osage City, 785-528-3105 or 800-580-7245 TDD: 785-528-3105

ResCare HomeCare Independence, 620-331-0000

SEK Respite Services, Inc. Parsons, 620-421-6550 x1642 800-362-0390 x1642

SKIL (SEK Independent Living, Inc.)

\*Parsons, 620-421-5502 or 800-688-5616

TDD: 620-421-0983

www.skilonline.com

\*Pittsburg, 620-231-6780 or 866-927-6780

TDD: 620-231-6780

skilpittsburg@skilonline.com

TILRC (Topeka Independent Living Resource Center) Topeka, 785-233-4572 or 800-443-2207 www.tilrc.org Windsor Place At Home Care \*Coffeyville, 620-251-1866 or 800-982-1866 \*Columbus, 620-429-3803 or 888-656-3723 \*Independence, 620-331-3388 or 866-331-3388

Woodworth Community Services, Parsons 620-421-0989 or 877-421-0989

#### **HOME REPAIR**

Rural Economic Community Development Iola, 620-365-2901 x 4

### **HOSPICE**

Gentiva Parsons, 620-421-6161 or 866-938-2100 www.gentiva.com

Harry Hynes Memorial Hospice
\*Wichita, 620-231-7223 or
800-767-4965 (24 hours)
\*Coffeyville, 620-251-1640 or
866-865-2154
\*Parsons, 620-423-3863 or
866-584-5498
\*Pittsburg, 620-231-4194 or
866-584-5498
www.hynesmemorial.org

Horizon Hospice Neosho Memorial Regional Medical Center Chanute, 620-432-5436

Mercy Hospice Joplin, MO, 800-638-7073

Midland Hospice Care, Inc. Topeka, 800-491-3691

SouthernCare 866-273-6968

## INFORMATION & ASSISTANCE

Southeast Kansas AAA, Inc. Chanute, 620-431-2980 or 800-794-2440 Fax 620-431-2988 sekaaa@sekaaa.com

American Red Cross Labette County Parsons, 620-421-0700

Labette County Emergency Assistance Center Parsons, 620-421-0700 Salvation Army \*KC, MO 800-336-4547 x 368

### LEGAL SERVICES

Kansas Elder Law Hotline 888-353-5337 www.kansaslegalservces.org

SEK Senior Citizen Law Project Pittsburg, 620-232-1330 or 800-723-6953

## MEAL SITES & HOME DELIVERED

Senior Services of SEK, Inc. Coffeyville, 620-251-7313 or 800-273-1054 Fax: 620-251-1716

Chetopa Senior Citizens Center Chetopa, 620-236-7556

Edna, 620-922-3349 800-273-1054

Labette Health
Parsons, 620-820-5368
(Home delivered meals only)

Mound Valley Senior Citizens Housing Complex Mound Valley, 800-273-1054 Oswego Senior Center Oswego, 620-795-2873

Parsons Senior Center Parsons, 620-421-7002

### MEDICAL EQUIPMENT

American Homepatient Pittsburg, 620-232-3452 or 800-231-3452

American Medical Equipment & Corp., Coffeyville 620-251-8257 or 800-530-5675

APRIA Health Care, Fort Scott 620-223-6015 or 800-362-0887

CARE4ALL Home Medical Equipment, Fort Scott 620-223-4141 or 866-771-4141 (24 hours)

Home Medical Service Parsons, 620-421-4239

Labette Health Parsons, 620-421-4880 Lifeline, 620-820-5478

LINCARE, Parsons 620-421-2774 or 800-401-2774

Mt. Carmel Medical Equipment Pittsburg, 620-235-0327

Reliable Medical Supply, Inc. Altamont, 620-784-2580 or 800-316-0101

St. John's Medical Equipment Joplin, 800-874-7048

### RESPITE CARE

Home Town Health Care Fredonia, 620-378-3760

ResCare HomeCare Independence, 620-331-0000 SEK Respite Services, Inc. Parsons, 620-421-6550 x1642 800-362-0390 x1642 Fax: 620-421-0671

### SENIOR CARE ACT

Southeast Kansas AAA, Inc. Chanute, 620-431-2980 or 800-794-2440 Fax 620-431-2988 sekaaa@sekaaa.com

### **SECURITY SYSTEMS**

Craw-Kan Communications Girard, 620-724-8235

### **SENIOR CENTERS**

Altamont Senior Center Altamont, 620-784-5445

Chetopa Senior Citizens Center Chetopa, 620-236-7556

Edna Community Bldg Edna, 620-922-3349

Mound Valley Senior Housing Complex Mound Valley, 620-328-2097

Oswego Senior Center Oswego, 620-795-2873

Parsons Senior Center Parsons, 620-421-7002

## SHICK (Senior Health Insurance Counseling for Kansas)

Kansas Department for Aging And Disability Services 800-860-5260

Southeast Kansas AAA, Inc. Chanute, 620-431-2980 or 800-794-2440 Fax 620-431-2988 sekaaa@sekaaa.com

### **SOCIAL & REHABILITATION**

**SERVICES** (see Department for Children and Families)

### **SOCIAL SECURITY**

\*Independence 877-512-3855

\*National 800-772-1213

### **TRANSPORTATION**

Senior Services of SEK, Inc. \*Coffeyville, 620-251-7313 or 800-273-1054

\*Altamont, 620-784-5445

\*Edna, 620-922-3349

\*Mound Valley, 620-328-2097

For Veterans (who cannot drive) Transportation to Wichita VA 620-421-2034

### **VETERANS AFFAIRS**

KS Benefits – Kansas Commission on Veterans Affairs, Independence 620-331-0540

### WEATHERIZATION

Rural Economic Community Development Iola, 620-365-2901 x 4

### **WOUND CARE CENTER**

### **ADULT DAY CARE**

Caney Nursing Center, Caney, 620-879-2929

Cherryvale Skilled Nursing & Rehab. Center Cherryvale, 620-336-2101

Grand Villas Independence, 620-331-2260

Medicalodge of Coffeyville Coffeyville, 620-251-3705

Medicalodge of Independence 620-331-8789

Montgomery Place 620-331-2577

Windsor Place Nursing Home Coffeyville, 620-251-5190

### **ALZHEIMER'S CARE**

Cherryvale Care Center Cherryvale, 620-336-2101

Windsor Place Nursing Home Coffeyville, 620-251-5190

### APARTMENT COMPLEXES

Caney Valley Apartments Caney, 620-879-2426

Cherryvale Center Apts. Cherryvale, 620-336-3312

Cherryvale Housing Authority Cherryvale, 620-336-3939

Dale Apartments, Cherryvale 620-251-3040 (Coffeyville)

Cleveland Apartments (2) Coffeyville, 620-251-6790

Independence Director of Housing Independence, 620-332-2536

Manor House Cooperative Coffeyville, 620-251-2581

Paradise Square Cherryvale, 620-336-2448

Patterson Place Coffeyville, 620-251-0244

Penn Manor Independence, 620-331-8010

Penn Terrace Independence, 620-331-1678

Pickwick Apartments Coffeyville, 620-251-3310

Plaza Apartments Coffeyville, 620-251-0500

Sycamore Landing Coffeyville, 620-251-0244

Windsor Place Apartments Coffeyville, 620-251-5190

### ASSISTED LIVING

Asbury Village Coffeyville, 620-251-6270

Grand Villas Independence, 620-331-2260

Guest Home Estates Caney, 620-879-5199

Glenwood Eagle Estates Independence, 620-331-1662

The Gansel House Independence, 620-331-7496

Windsor Place At-Home Care Coffeyville, 620-251-1866, 620-251-0214 or 800-982-1866

### ATTENDANT CARE

Home Town Health Care Fredonia, 620-378-3760

RCIL (Resource Center for Independent Living)
\*Osage City, 785-528-3105 or 800-580-7245
TDD: 785-528-3105

ResCare HomeCare Independence, 620-331-0000

SKIL (SEK Independent Living, Inc.) \*Parsons, 620-421-5502 or 800-688-5616 TDD: 620-421-0983 www.skilonline.com \*Pittsburg, 620-231-6780 or 866-927-6780 TDD: 620-231-6780 skilpittsburg@skilonline.com

TILRC (Topeka Independent Living Resource Center) Topeka, 785-233-4572 or 800-443-2207 www.tilrc.org

Windsor Place At Home Care \*Coffeyville, 620-251-1866 or 800-982-1866 \*Independence, 620-331-3388 or 866-331-3388

## CAREGIVER SUPPORT PROGRAM

Southeast Kansas AAA, Inc. Chanute, 620-431-2980 or 800-794-2440 Fax 620-431-2988 sekaaa@sekaaa.com

### COAL MINER / LUNG BENEFIT

US Department of Labor Denver, CO 800-366-4612

### DEPARTMENT FOR CHILDREN AND FAMILIES (DCF)

\*Independence, 620-331-0350

### **DIALYSIS CENTER**

Renal Care Group Chanute, 620-431-1239

### **DISABILITY SERVICES**

Kansas Aging and Disability Resource Center 855-200-2372

New Hope Services Pittsburg, 620-231-2791

SKIL (SEK Independent Living, Inc.) Parsons, 620-421-5502 or 800-688-5616 TDD: 620-421-0983 www.skilonline.com

### EMERGENCY ALERT DEVICE

Coffeyville Regional Medical Center, Coffeyville 620-252-1507 or 800-540-2762 (LB/MG)

Craw-Kan Communications Girard, 620-724-8235

Federal Protection, Joplin 417-625-4200 or 888-500-5001 www.federalprotection.com

Home Buddy, LLC Wichita, 866-922-8339

Mercy Health Systems of Kansas, Inc. Mercy Home Care, Independence 620-332-3215 or 800-767-2304

Touchton Electric Inc., Pittsburg 620-232-9294 or 800-232-9298

Trust Home Care, Wichita 316-683-7700

### **EMERGENCY CENTER**

American Red Cross Coffeyville, 620-251-1050

Salvation Army \*KC, MO 800-336-4547 x 368

### HOME HEALTH

Angels Care Home Health \*Chanute, 620-423-0025 www.angmarholdings.com

Coffeyville Regional Medical Center, 620-251-1200 or 800-540-2762 Home Health – 620-251-1507 (LB; MG)

Craig Home Care Independence, 620-331-6500

Home Town Health Care Fredonia 620-378-3760

Mercy Health Systems of Kansas, Inc. Mercy Home Care Independence, 620-332-3215 or 800-767-2304

Windsor Place At Home Care \*Coffeyville, 620-251-1866 or 800-982-1866 \*Independence, 620-331-3388 or 866-331-3388

#### HOMEMAKER SERVICES

Home Town Health Care Fredonia, 620-378-3760

ResCare HomeCare Independence, 620-331-0000 SEK Respite Services, Inc. Parsons, 620-421-6550 x1642 800-362-0390 x1642

Windsor Place At Home Care \*Coffeyville, 620-251-1866 or 800-982-1866 \*Independence, 620-331-3388 or 866-331-3388

#### HOME REPAIR

Coffeyville Community Development Coffeyville, 620-252-6134

Rural Economic Community Development Iola, 620-365-2901 x 4

#### HOSPICE

Gentiva Parsons, 620-421-6161 or 866-938-2100 www.gentiva.com

Horizon Hospice Neosho Memorial Regional Medical Center Chanute, 620-432-5436

Midland Hospice Care, Inc. Topeka, 800-491-3691

SouthernCare 866-273-6968

## INFORMATION & ASSISTANCE

Southeast Kansas AAA, Inc. Chanute, 620-431-2980 or 800-794-2440 Fax 620-431-2988 sekaaa@sekaaa.com

American Red Cross Coffeyville, 620-251-1050

Salvation Army
\*KC, MO 800-336-4547 x 368
\*Coffeyville, 620-251-2686

### **LEGAL SERVICES**

Kansas Elder Law Hotline 888-353-5337 www.kansaslegalservces.org

SEK Senior Citizen Law Project Pittsburg, 620-232-1330 or 800-723-6953

### **LIBRARY**

Elk City Senior Citizens Center 620-627-2377 (2nd & 4th Mon.)

## MEAL SITE & HOME DELIVERED

Senior Services of SEK, Inc. Coffeyville, 620-251-7313 or 800-273-1054 Fax: 620-251-1716

Cherryvale Meal Site Cherryvale, 620-336-3619

Coffeyville Senior Services Coffeyville, 620-251-7313

Independence Senior Services Independence, 620-331-1549

### MEDICAL EQUIPMENT

American Homepatient Pittsburg, 620-232-3452 or 800-231-3452 American Medical Equipment & Corp., Coffeyville 620-251-8257 or 800-530-5675

APRIA Health Care, Fort Scott 620-223-6015 or 800-362-0887

CARE4ALL Home Medical Equipment Fort Scott, 620-223-4141 or 866-771-4141 (24 hours)

Home Medical Service Parsons, 620-421-4239

Labette Health Parsons, 620-421-4880 Lifeline – 620-820-5478

LINCARE, Parsons 620-421-2774 or 800-401-2774

Mt. Carmel Medical Equipment Pittsburg, 620-235-0327

Reliable Medical Supply, Inc. Altamont, 620-784-2580 or 800-316-0101

Mercy Medical Supply Company, Joplin, 800-874-7048

### MENTAL HEALTH

Four County Mental Health \*Independence, 620-331-1748 \*Coffeyville, 620-251-8180 \*Independence, 620-431-1748

### REHABILITATION CENTER

Cherryvale Skilled Nursing & Rehab. Center Cherryvale, 620-336-2101

### RESPITE CARE

Caney Nursing Center Caney, 620-879-2929

Home Town Health Care Fredonia, 620-378-3760

Mercy Hospital, Independence 620-331-2200 x 8150

Retired Senior Volunteer Program Independence, 620-332-1954

ResCare HomeCare Independence, 620-331-0000

SEK Respite Services, Inc. Parsons, 620-421-6550 x 1642 800-362-0390 x 1642 Fax: 620-421-0671

### **SECURITY SYSTEMS**

Craw-Kan Communications Girard, 620-724-8235

### **SENIOR CARE ACT**

Southeast Kansas AAA, Inc. Chanute, 620-431-2980 or 800-794-2440 Fax 620-431-2988 sekaaa@sekaaa.com

### **SENIOR CENTERS**

Senior Center Cherryvale, 620-336-2250

Senior Citizens Activity Center Coffeyville, 620-251-7890

Coffeyville Senior Center/Nutrition Coffeyville, 620-251-7313

Elk City Senior Citizens Center Elk City, 620-627-2377

## SHICK (Senior Health Insurance Counseling for Kansas)

Kansas Department for Aging And Disability Services 800-860-5260

Southeast Kansas AAA, Inc. Chanute, 620-431-2980 or 800-794-2440 Fax 620-431-2988 sekaaa@sekaaa.com

SOCIAL & REHABILITATION SERVICES (See Department for Children and Families)

### **SOCIAL SECURITY**

- \*Independence 877-512-3855
- \*National 800-772-1213

### TRANSPORTATION

B & E City Cab Company Independence, 620-331-1580

I-Cab Company \*Independence, 620-331-6019

Independent Transport 620-332-1224

Mercy Transportation (Medical only) Independence, 620-330-8142

Senior Services of SEK, Inc. \*Coffeyville, 620-251-7313 or 800-273-1054 \*Cherryvale 800-273-1054 \*Tyro 800-273-1054

### **VETERANS AFFAIRS**

### **KS** Benefits

Kansas Commission on Veterans Affairs Independence, 620-331-0540

### WEATHERIZATION

SEK-CAP, Inc. Coffeyville, 620-251-6920 x 2 Rural Economic Community Development Iola, 620-365-2901 x 4

### WOUND CARE CENTER

Neodesha, 620-325-8393 or

888-603-1333

### **ADULT DAY CARE**

Diversicare Chanute, 620-431-4940

Guest Home Estates VIII Erie, 620-244-5301

Heritage Health Care Chanute, 620-431-4151

Prairie Mission Retirement Village St Paul, 620-449-2400

### APARTMENT COMPLEXES

Chanute Housing Authority Chanute, 620-431-7320

Chanute Plaza Apartments Chanute, 620-431-4241

Hampton Apartments Chanute, 620-431-9440

Neosho Village, Inc. Erie, 620-244-3684

Osage Village Chanute, 620-431-7320

Prairie Trail Apartments Chanute, 620-431-0745

Ronda Lane Apartments Chanute, 620-431-7320

Safari West Chanute, 620-431-1430

Westridge Apartments Chanute, 620-431-1841

### **ASSISTED LIVING**

Country Place Chanute, 620-431-0599

Guest House Estates II Chanute, 620-431-9509 Guest Home Estates III Chanute, 620-431-7115

Guest Home Estates VIII Erie, 620-244-5301

Prairie Mission Retirement Village St Paul, 620-449-2400

#### ATTENDANT CARE

Community Care Connection Iola, 620-365-5730 or 800-925-5750

Home Town Health Care Fredonia, 620-378-3760

Helping Hands Health Care Fort Scott, 620-223-1655 Fax 223-1755

Home Healthcare Connection Southeast Parsons, 620-421-1073

RCIL (Resource Center for Independent Living)
\*Osage City, 785-528-3105 or 800-580-7245
TDD: 785-528-3105

ResCare HomeCare Independence, 620-331-0000

SKIL (SEK Independent Living, Inc.) \*Parsons, 620-421-5502 or 800-688-5616 TDD: 620-421-0983 www.skilonline.com \*Chanute, 620-431-0757 or 866-927-0757 TDD: 620-431-0757 skilchanute@skilonline.com TILRC (Topeka Independent Living Resource Center) Topeka, 785-233-4572 or 800-443-2207 www.tilrc.org

Windsor Place At Home Care \*Coffeyville, 620-251-1866 or 800-982-1866 \*Chanute, 620-431-7474 or 800-249-6530

## CAREGIVER SUPPORT PROGRAM

Southeast Kansas AAA, Inc. Chanute, 620-431-2980 or 800-794-2440 Fax 620-431-2988 sekaaa@sekaaa.com

### **CASE MANAGEMENT**

Southeast Kansas AAA, Inc. Chanute, 620-431-2980 or 800-794-2440 Fax 620-431-2988 sekaaa@sekaaa.com

### COAL MINER / LUNG BENEFIT

US Department of Labor Denver, CO, 800-366-4612

### DEPARTMENT FOR CHILDREN AND FAMILIES (DCF)

\*Chanute, 620-431-5000

### **DIALYSIS CENTER**

Renal Care Group Chanute, 620-431-1239

### **DISABILITY SERVICES**

Kansas Aging and Disability Resource Center 855-200-2372

SKIL (SEK Independent Living, Inc.), Chanute 620-431-0757 or 866-927-0757 TDD: 620-431-0757 skilchanute@skilonline.com

### **EMERGENCY ALERT DEVICE**

Allen County Hospital Iola, 620-365-2120

Craw-Kan Communications Girard, 620-724-8235

Federal Protection, Joplin 417-625-4200 or 888-500-5001 www.federalprotection.com

Home Buddy, LLC Wichita, 866-922-8339

Labette Health Parsons, 620-421-4880 Lifeline, 620-820-5478

Mercy Hospital (E NO) Fort Scott, 620-223-8090

Touchton Electric Inc., Pittsburg 620-232-9294 or 800-232-9298

Trust Home Care Wichita, 316-683-7700

#### **EMERGENCY CENTER**

American Red Cross
\*Coffeyville, 620-251-1050
\*Neosho County
Chanute, 620-431-9670

Salvation Army \*KC, MO 800-336-4547 x 368

### **HEALTH DEPARTMENT**

Chanute, 620-244-3840 or 620-431-3840

### **HOME HEALTH**

Allen County Hospital Iola, 620-365-2120

Angels Care Home Health Chanute, 620-432-0025 www.angmarholdings.com Home Town Health Care Fredonia, 620-378-3760

Mercy Home Care (east NO) Joplin, 417-781-2004 or 800-638-7073

Neosho Memorial Home Health Chanute, 620-432-5436

#### HOMEMAKER SERVICES

Community Care Connection Iola, 620-365-5730 or 800-925-5750

Home Town Health Care Fredonia, 620-378-3760

ResCare HomeCare Independence, 620-331-0000

SEK Respite Services, Inc. Parsons, 620-421-6550 x1642 800-362-0390 x1642

SKIL (SEK Independent Living Resource Center, Inc.) Chanute, 620-431-0757 TDD: 620-431-0757

Windsor Place At Home Care Chanute, 620-431-7474 or 800-249-6530

### **HOME REPAIR**

Rural Economic Community Development Iola, 620-365-2901 x 4

#### HOSPICE

Allen County Hospital Iola, 620-365-2120

Gentiva Parsons, 620-421-6161 or 866-938-2100 www.gentiva.com Harry Hines Memorial Hospice Wichita 620-231-7223 or 800-767-4965 (24 hours) \*Coffeyville, 620-251-1640 or 866-865-2154 \*Parsons, 620-423-3863 or 866-584-5498 \*Pittsburg, 620-231-4194 or 866-584-5498 www.hynesmemorial.org

Horizon Hospice Neosho Memorial Regional Medical Center Chanute, 620-432-5436

Midland Hospice Care, Inc. Topeka, 800-491-3691

Mercy Home Care \*Fort Scott, 620-223-8090 or 800-464-7942 (east NO)

SouthernCare 866-273-6968

## INFORMATION & ASSISTANCE

Southeast Kansas AAA, Inc. Chanute, 620-431-2980 or 800-794-2440 Fax 620-431-2988 sekaaa@sekaaa.com

American Red Cross \*Coffeyville, 620-251-1050

Salvation Army \*KC, MO 800-336-4547 x 368

Chanute Police Dept. Local Unit, 620-431-5240

### LEGAL SERVICES

Kansas Elder Law Hotline 888-353-5337 www.kansaslegalservices.org

SEK Senior Citizen Law Project Pittsburg, 620-232-1330 or 800-723-6953

## MEAL SITES & HOME DELIVERED

Senior Services of SEK, Inc. Coffeyville, 620-251-7313 or 800-273-1054 Fax: 620-251-1716

Chanute #1 Chanute, 620-431-0730

Erie Friendship Center Erie, 620-244-3253

St. Paul Senior Center St Paul, 620-449-2717

Thayer Senior Center Thayer, 620-839-5454

### MEDICAL EQUIPMENT

American Homepatient Pittsburg, 620-232-3452 or 800-231-3452

American Medical Equipment & Corp., Coffeyville 620-251-8257 or 800-530-5675

APRIA Health Care, Fort Scott 620-223-6015 or 800-362-0887

CARE4ALL Home Medical Equipment Fort Scott, 620-223-4141 or 866-771-4141 (24 hours)

Home Medical Service Parsons, 620-421-4239

Labette Health Parsons, 620-421-4880 Lifeline, 620-820-5478 LINCARE, Parsons 620-421-2774 or 800-401-2774

Mt. Carmel Medical Equipment Pittsburg, 620-235-0327

Reliable Medical Supply, Inc Altamont, 620-784-2580 or 800-316-0101

### MENTAL HEALTH

Applewood Rehabilitation Chanute, 620-431-7300

### RESPITE CARE

Guest Home Estates VIII Erie, 620-244-5301

Home Town Health Care Fredonia, 620-378-3760

Prairie Mission Retirement Village St Paul, 620-449-2400

ResCare HomeCare Independence, 620-331-0000

SEK Respite Services, Inc. Parsons, 620-421-6550 x 1642 800-362-0390 x 1642 Fax: 620-421-0671

### RETIRED SENIOR VOLUNTEER PROGRAM (RSVP)

Chanute, 620-431-2820 x 637 (AL;BB;NO;WO)

### SENIOR CARE ACT

Southeast Kansas AAA, Inc. Chanute, 620-431-2980 or 800-794-2440 Fax 620-431-2988 sekaaa@sekaaa.com

### SENIOR CENTERS

Chanute Senior Center Chanute, 620-431-4320

Erie Senior Center/Nutrition Erie, 620-244-3253

Galesburg Senior Center Galesburg, 620-763-2255

St. Paul Senior Center/Nutrition St Paul, 620-449-2717

Thayer Senior Citizens Center/ Nutrition Thayer, 620-839-5454

## SHICK (Senior Health Insurance Counseling for Kansas)

Kansas Department for Aging And Disability Services 800-860-2560

Southeast Kansas AAA, Inc. Chanute, 620-431-2980 or 800-794-2440 Fax 620-431-2988 sekaaa@sekaaa.com

# **SOCIAL & REHABILITATION SERVICES (See Department for Children and Families)**

### **SOCIAL SECURITY**

\*Independence 877-512-3855 \*National 800-772-1213

### **TRANSPORTATION**

Independent Transport 620-332-1224

Neosho Memorial Regional Medical Center Care Car 620-431-5459

Senior Services of SEK, Inc. \*Erie, 800-273-1054

### **UTILITY ASSISTANCE**

ACCL - John Sanderson Emergency Fund, 620-431-7229

### **VETERANS AFFAIRS**

KS Benefits Kansas Commission on Veterans Affairs Independence, 620-331-0540

### WEATHERIZATION

Rural Economic Community Development Iola, 620-365-2901 x 4

### WOUND CARE CENTER

### **WILSON COUNTY**

### **ADULT DAY CARE**

Golden Living Center Neodesha, 620-325-3088

#### APARTMENT COMPLEXES

Fredonia Housing Authority Parkview Village Fredonia, 620-378-3911

Madison Square Fredonia, 620-378-2121

Neodesha Housing Authority Neodesha, 620-325-2440

### ASSISTED LIVING

Candlerock Fredonia, 620-378-2040

The Gran Villas Fredonia, 620-378-2329

The Gran Villas Neodesha, 620-325-2244

#### ATTENDANT CARE

Community Care Connection Iola, 620-365-5730 or 800-925-5750

Home Town Health Care Fredonia, 620-378-3760

RCIL (Resource Center for Independent Living)
\*Osage City, 785-528-3105 or 800-580-7245
TDD: 785-528-3105

ResCare HomeCare Independence, 620-331-0000

SKIL (SEK Independent Living, Inc.) \*Parsons, 620-421-5502 or 800-688-5616 TDD: 620-421-0983 www.skilonline.com \*Chanute, 620-431-0757 or 866-927-0757 TDD: 620-431-0757 skilchanute@skilonline.com

TILRC (Topeka Independent Living Resource Center) Topeka, 785-233-4572 or 800-443-2207 www.tilrc.org

Wilson County Health Dept. Fredonia, 620-378-4455

Windsor Place At Home Care \*Coffeyville, 620-251-1866 or 800-982-1866 \*Chanute, 620-431-7474 or 800-249-6530

## CAREGIVER SUPPORT PROGRAM

Southeast Kansas AAA, Inc. Chanute, 620-431-2980 or 800-794-2440 Fax 620-431-2988 sekaaa@sekaaa.com

#### CASE MANAGEMENT

Southeast Kansas AAA, Inc. Chanute, 620-431-2980 or 800-794-2440 Fax 620-431-2988 sekaaa@sekaaa.com

### COAL MINER / LUNG BENEFIT

US Department of Labor Denver, CO, 800-366-4612

### DEPARTMENT FOR CHILDREN AND FAMILIES (DCF)

Fredonia, 620-378-4154

#### **DIALYSIS CENTER**

Renal Care Group Chanute, 620-431-1239

### **DISABILITY SERVICES**

Kansas Aging and Disability Resource Center 855-200-2372

SKIL (SEK Independent Living, Inc.) Fredonia, 620-378-4881 or 866-927-4881 TDD: 620-378-4881 skilfredonia@skilonline.com

### **EMERGENCY ALERT DEVICE**

Allen County Hospital, Iola 620-365-2120 (NE WL CO)

Home Buddy, LLC Wichita, 866-922-8339

Mercy Health Systems of Kansas, Inc. Mercy Home Care, Independence, 620-332-3215 or 800-767-2304

Touchton Electric Inc., Pittsburg 620-232-9294 or 800-232-9298

Trust Home Care Wichita, 316-683-7700

### **EMERGENCY CENTER**

American Red Cross Coffeyville, 620-251-1050

Salvation Army \*KC, MO 800-336-4547 x 368

### **HEALTH DEPARTMENT**

Wilson County Health Dept. Fredonia, 620-378-4455

## **WILSON COUNTY**

### **HOME HEALTH**

Angels Care Home Health \*Chanute, 432-0025

Fredonia Regional Hospital Home Health Agency Fredonia, 620-378-2121

Home Town Health Care Fredonia, 620-378-3760

Neosho Memorial Home Health Chanute, 620-432-5436

#### HOMEMAKER SERVICE

Home Town Health Care Fredonia, 620-378-3760

RCIL (Resource Center for Independent Living)
\*Osage City, 785-528-3105 or 800-580-7245
TDD: 785-528-3105

ResCare HomeCare Independence, 620-331-0000

SEK Respite Services, Inc. Parsons, 620-421-6550 x1642 800-362-0390 x1642

SKIL (SEK Independent Living Resource Center, Inc.) Fredonia, 620-378-4881 or 866-927-4881 TDD: 620-378-4881

Wilson County Health Dept. Fredonia, 620-378-4455

Windsor Place At Home Care \*Coffeyville, 620-251-1866 or 800-982-1866 \*Chanute, 620-431-7474 or 800-249-6530

#### **HOME REPAIR**

Rural Economic Community Development Iola, 620-365-2901 x 4

### HOSPICE

Allen County Hospital, Iola 620-365-2120 (NE WL CO)

Gentiva Parsons, 620-421-6161 or 866-938-2100 www.gentiva.com

Harry Hynes Memorial Hospice \*Wichita, 620-231-7223 or 800-767-4965 (24 hours) \*Coffeyville, 620-251-1640 or 866-865-2154 \*Parsons, 620-423-3863 or 866-584-5498 \*Pittsburg, 620-231-4194 or 866-584-5498 www.hynesmemorial.org

Horizon Hospice Neosho Memorial Regional Medical Center Chanute, 620-432-5436

Midland Hospice Care, Inc. Topeka, 800-491-3691

SouthernCare 866-273-6968

## INFORMATION & ASSISTANCE

Southeast Kansas AAA, Inc. Chanute, 620-431-2980 or 800-794-2440 Fax 620-431-2988 sekaaa@sekaaa.com

American Red Cross Coffeyville, 620-251-1050

Salvation Army \*KC, MO 800-336-4547 x 368

### **LEGAL SERVICES**

SEK Senior Citizen Law Project Pittsburg, 620-232-1330 or 800-723-6953

Kansas Elder Law Hotline 888-353-5337 www.kansaslegalservces.org

## MEAL SITES & HOME DELIVERED

Senior Services of SEK, Inc. Coffeyville, 620-251-7313 or 800-273-1054 Fax: 620-251-1716

Thanks Building Fredonia, 620-378-2637

Neodesha, 620-325-5484

### MEDICAL EQUIPMENT

American Homepatient Pittsburg, 620-232-3452 or 800-231-3452

American Medical Equipment & Corp., Coffeyville 620-251-8257 or 800-530-5675

APRIA Health Care, Fort Scott 620-223-6015 or 800-362-0887

CARE4ALL Home Medical Equipment Fort Scott, 620-223-4141 or 866-771-4141 (24 hours)

Home Medical Service Parsons, 620-421-4239

LINCARE, Parsons 620-421-2774 or 800-401-2774

Mt. Carmel Medical Equipment Pittsburg, 620-235-0327

## **WILSON COUNTY**

Reliable Medical Supply, Inc. Altamont, 620-784-2580 or 800-316-0101

#### **RESPITE CARE**

Home Town Health Care Fredonia 620-378-3760

ResCare HomeCare Independence, 620-331-0000

Retired Senior Volunteer Program 620-332-1954

SEK Respite Services, Inc. Parsons, 620-421-6550 x 1642 800-362-0390 x 1642

### **SENIOR CARE ACT**

Southeast Kansas AAA, Inc. Chanute, 620-431-2980 or 800-794-2440 Fax 620-431-2988

#### SENIOR CENTERS

Altoona Senior Center Altoona, 620-568-3780

Buffalo Senior Center Buffalo, 620-537-8700

Fredonia Senior Center/Nutrition Fredonia, 620-378-2000

Neodesha, 620-325-5484

## SHICK (Senior Health Insurance Counseling for Kansas)

Kansas Department for Aging And Disability Services 800-860-5260

Southeast Kansas AAA, Inc. Chanute, 620-431-2980 or 800-794-2440 Fax 620-431-2988 sekaaa@sekaaa.com

### SOCIAL & REHABILITATION SERVICE (See Department for Children and Families)

#### SOCIAL SECURITY

Independence 877-512-3855 National 800-772-1213

### TRANSPORTATION

Independent Transport 620-332-1224

Thanks Program

\*Coyville, 620-378-2000

\*Fredonia, 620-378-2000 or
800-803-4815

\*Neodesha 620-332-4351

### **VETERANS AFFAIRS**

KS Benefits \*Independence 620-331-0540

### WEATHERIZATION

Rural Economic Community Development Iola, 620-365-2901 x 4

#### WOUND CARE CENTER

## **WOODSON COUNTY**

#### APARTMENT COMPLEXES

Heritage Hill Apartments Yates Center, 620-625-3305

Prairie Village Yates Center, 620-625-2439

Sunset Hills Cross Timber Cabins Toronto, 620-637-2994

Yates Center Apartments Yates Center, 620-625-2289

### ATTENDANT CARE

Community Care Connection Iola, 620-365-5730 or 800-925-5750

Home Town Health Care Fredonia, 620-378-3760

RCIL (Resource Center for Independent Living)

\*Osage City, 785-528-3105 or 800-580-7245

TDD: 785-528-3105

\*Iola, 620-365-8144 or 877-944-8144

SKIL (SEK Independent Living Resource Center, Inc.) Yates Center, 620-625-2818 or 866-927-2818

ResCare HomeCare Independence, 620-331-0000

TILRC (Topeka Independent Living Resource Center) Topeka, 785-233-4572 or 800-443-2207 www.tilrc.org

Windsor Place At Home Care \*Coffeyville, 620-251-1866 or 800-982-1866 \*Chanute, 620-431-7474 or 800-249-6530

## CAREGIVER SUPPORT PROGRAM

Southeast Kansas AAA, Inc. Chanute, 620-431-2980 or 800-794-2440 Fax 620-431-2988 sekaaa@sekaaa.com

### **CASE MANAGEMENT**

Southeast Kansas AAA, Inc. Chanute, 620-431-2980 or 800-794-2440 Fax 620-431-2988 sekaaa@sekaaa.com

## COAL MINER / LUNG BENEFIT

US Department of Labor Denver, CO 800-366-4612

### DEPARTMENT FOR CHILDREN AND FAMILIES (DCF)

Iola, 620-365-2164

#### DIALYSIS CENTER

Renal Care Group Chanute, 620-431-1239

### DISABILITY SERVICES

Kansas Aging and Disabilty Resource Center 855-200-2372

SKIL (SEK Independent Living, Inc.), Yates Center 620-625-2818 or 866-927-2818 skilyc@skilonline.com

#### EMERGENCY ALERT DEVICE

Allen County Hospital Home Health Iola, 620-365-2120

Coffey County Hospital Home Health Burlington, 620-364-5655 x 309 Home Buddy, LLC Wichita, 866-922-8339

Touchton Electric Inc., Pittsburg 620-232-9294 or 800-232-9298

Trust Home Care Wichita, 316-683-7700

### **EMERGENCY CENTER**

American Red Cross Coffeyville, 620-251-1050

Salvation Army \*KC, MO 800-336-4547 x 368

### HOMEMAKER SERVICES

Community Care Connection Iola, 620-365-5730 or 800-925-5750

Home Town Health Care Fredonia, 620-378-3760

SKIL (SEK Independent Living, Inc.), Yates Center 620-625-2818 or 866-927-2818 skilyc@skilonline.com

RCIL (Resource Center for Independent Living)
\*Osage City, 785-528-3105 or 800-580-7245
TDD: 785-528-3105

ResCare HomeCare Independence, 620-331-0000

SEK Respite Services, Inc. Parsons, 620-421-6550 x1642 800-362-0390 x1642

Windsor Place At Home Care \*Coffeyville, 620-251-1866 or 800-982-1866 \*Chanute, 620-431-7474 or 800-249-6530

### **WOODSON COUNTY**

#### HOME HEALTH

Allen County Hospital Home Health, Iola 620-365-2120

Angels Care Home Health Chanute, 620-432-0025 www.angmarholdings.com

Coffey County Hospital Home Health Burlington, 620-364-5655 x 309

Home Town Health Care Fredonia, 620-378-3760

Neosho Memorial Home Health Chanute, 620-432-5436

#### HOME REPAIR

Rural Economic Community Development Iola, 620-365-2901 x 4

### **HOSPICE**

Allen County Hospital Home Health Iola, 620-365-2120

Gentiva Parsons, 620-421-6161 or 866-938-2100 www.gentiva.com

Horizon Hospice Neosho Memorial Regional Medical Center Chanute, 620-432-5436

Harry Hynes Memorial Hospice \*Wichita, 620-231-7223 or 800-767-4965 (24 hours) \*Coffeyville, 620-251-1640 or 866-865-2154 www.hynesmemorial.org Midland Hospice Care, Inc. Topeka, 800-491-369

SouthernCare 866-273-6968

## INFORMATION & ASSISTANCE

Southeast Kansas AAA, Inc. Chanute, 620-431-2980 or 800-794-2440 Fax 620-431-2988 sekaaa@sekaaa.com

American Red Cross Coffeyville, 620-251-1050

Salvation Army \*KC, MO 800-336-4547 x 368

### LEGAL SERVICES

Kansas Elder Law Hotline 888-353-5337 www.kansaslegalservces.org

SEK Senior Citizen Law Project Pittsburg, 620-232-1330 or 800-723-6953

## MEAL SITE & HOME DELIVERED

Senior Services of SEK, Inc. Coffeyville, 620-251-7313 or 800-273-1054 Fax: 620-251-1716

First Christian Church Toronto, 620-637-2922

Neosho Falls Senior Center Neosho Falls, 620-963-7260

Senior Center Yates Center, 620-625-2254

### MEDICAL EQUIPMENT

American Homepatient Pittsburg, 620-232-3452 or 800-231-3452 American Medical Equipment & Corp., Coffeyville 620-251-8257 or 800-530-5675

APRIA Health Care, Fort Scott 620-223-6015 or 800-362-0887

CARE4ALL Home Medical Equipment, Fort Scott 620-223-4141 or 866-771-4141 (24 hours)

Home Medical Service Parsons, 620-421-4239

Iola Respiratory & Home Medical Iola, 620-365-3377

LINCARE, Parsons 620-421-2774 or 800-401-2774

Mt. Carmel Medical Equipment Pittsburg, 620-235-0327

Reliable Medical Supply, Inc. Altamont, 620-784-2580 or 800-316-0101

### RESPITE CARE

Home Town Health Care Fredonia, 620-378-3760

ResCare HomeCare Independence, 620-331-0000

SEK Respite Services, Inc. Parsons, 620-421-6550 x 1642 800-362-0390 x 1642 Fax: 620-421-0671

### RETIRED SENIOR VOLUNTEER PROGRAM (RSVP)

Chanute, 620-431-2820 x 637 (AL;BB;NO;WO)

## **WOODSON COUNTY**

### SENIOR CARE ACT

Southeast Kansas AAA, Inc. Chanute, 620-431-2980 or 800-794-2440 Fax 620-431-2988 sekaaa@sekaaa.com

### **SENIOR CENTERS**

Neosho Falls Senior Center Neosho Falls, 620-963-7260

Toronto Senior Center Toronto, 620-637-2714

Yates Center Senior Center Yates Center, 620-625-2254

# SHICK (Senior Health Insurance Counseling for Kansas)

Kansas Department for Aging And Disability Services 800-860-5260

Southeast Kansas AAA, Inc. Chanute, 620-431-2980 or 800-794-2440 Fax 620-431-2988

### SOCIAL & REHABILITATION SERVICES (See Department for Children and Families)

### **SOCIAL SECURITY**

\*Lawrence 866-698-2561

### TRANSPORTATION

Neosho Falls Senior Center Neosho Falls, 620-963-7260

Yates Center Transportation Yates Center, 620-625-2254

### **VETERANS AFFAIRS**

KS Benefits – Emporia, 620-342-3347

### WEATHERIZATION

Rural Economic Community Development Iola, 620-365-2901 x 4

### WOUND CARE CENTER

<sup>\*</sup>National 800-772-1213

## **NOTES**

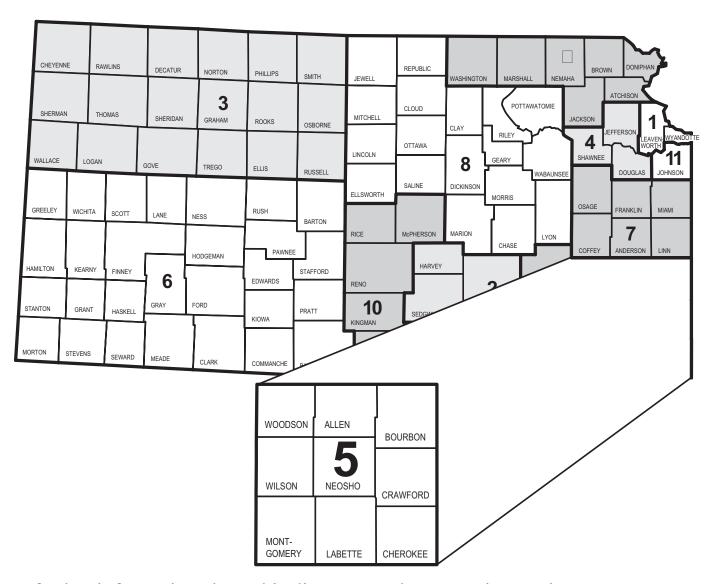
## NOTES

## **Useful Toll-Free Numbers**

AARP Kansas	184 580 AMS 919 924		
ABUSE (abuse, neglect, exploitation)  In the community. 800-922-5330 In an adult care home. 800-842-0078 In an institution 800-221-7973 Aging & Disability Resource Ctr. 855-200-2372 Alcohol & Drug Helpline. 800-645-8216 Alzheimer's Association. 800-272-3900 Attorney General's Office 800-432-2310  Kansas Insurance Dept. 800-432-24 Kansas Securities Commission. 800-232-9 SCAMS Hotline. 888-40SCA Kansas State Library 800-432-3 Legislative Hotline 800-432-3 Long Term Care Ombudsman 877-662-8 Advocates for residents in licensed adult care facilities	580 AMS 919 924		
In the community. 800-922-5330 In an adult care home. 800-842-0078 In an institution 800-221-7973  Aging & Disability Resource Ctr. 855-200-2372 Alcohol & Drug Helpline. 800-645-8216 Alzheimer's Association. 800-272-3900 Attorney General's Office 800-432-2310  Kansas Securities Commission. 800-232-9 SCAMS Hotline. 888-40SCA Kansas State Library 800-432-3 Legislative Hotline 800-432-3 Long Term Care Ombudsman 877-662-8 Advocates for residents in licensed adult care facilities	580 AMS 919 924		
In an adult care home. 800-842-0078 In an institution 800-221-7973  Aging & Disability Resource Ctr. 855-200-2372 Alcohol & Drug Helpline. 800-645-8216 Alzheimer's Association. 800-272-3900 Attorney General's Office 800-432-2310  SCAMS Hotline. 8888-40SCA  Kansas State Library 800-432-3  Legislative Hotline 800-432-3  Long Term Care Ombudsman 877-662-8  Advocates for residents in licensed adult care facilities	AMS 919 924		
In an institution 800-221-7973 Kansas State Library 800-432-3 Legislative Hotline 800-432-3 Legislative Hotline 800-432-3 Long Term Care Alcohol & Drug Helpline 800-645-8216 Alzheimer's Association 800-272-3900 Attorney General's Office 800-432-2310 Advocates for residents in licensed adult care facilities	919 924		
Aging & Disability Resource Ctr 855-200-2372 Alcohol & Drug Helpline	924		
Aging & Disability Resource Ctr 855-200-2372 Alcohol & Drug Helpline			
Alcohol & Drug Helpline800-645-8216Ombudsman877-662-8Alzheimer's Association800-272-3900Advocates for residents in licensed adult care facilitiesAttorney General's Office800-432-2310facilities	362		
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Alzheimer's Association800-272-3900Advocates for residents in licensed adult careAttorney General's Office800-432-2310facilities			
Attorney General's Office 800-432-2310 facilities			
And $\mathbf{D}$ and $\mathbf{D}$	177		
Audio-Reader			
Brain Injury Assn			
Cancer Information Svc 800-422-6237 Medicaid Provider Fraud			
<b>Consumer Credit Counseling</b> 800-383-0217 <b>Medicare</b>	<b>Medicare</b>		
Crime Victim's Rights	Secretary of State		
Deaf and Hard of Hearing 800-432-0698 Voter Registration 800-262-8	583		
Diabetes, American Assn 800-362-1355			
Disability Rights Resource Center. 877-776-1541 Senior Health Insurance			
Disaster Distress Helpline	)60		
-			
Eldercare Locator			
Nationwide service to help families and friends find			
information about community services for older Social Security Administration 800-772-1	213		
people outside of Kansas State Treasurer			
EYE Care Unclaimed Property Line	386		
National Project Hotline 800-222-3937 Suicide Lifeline			
Information and referral service. Provides brochures  Talking Books Service			
on many common eye diseases and for eligible callers, Telemarketers (No Call)			
a referral to a local volunteer ophthalmologist.  United Way Information			
Federal Trade Comm ID Theft 877-438-4338  Veterans Affairs			
	200		
Federal Trade Comm HELP 877-382-4357 Regional Office			
Gambling/Substance Abuse 800-522-4700 Veterans Crisis Line 800-273-82	255		
<b>Governor's Office</b>			
KanCare (application) DCF or 800-792-4884			
KanCare MCO Enrollment 866-305-5147			
Amerigroup			
Sunflower 877-644-4623			
Sunflower			
United			
United			
United			
United       877-542-9238         KanCare Ombudsman       855-646-8180         Kansas Corporation       800-662-0027			
United 877-542-9238  KanCare Ombudsman 855-646-8180  Kansas Corporation  Commission 800-662-0027  Kansas Dept. for Aging and Disability Services			
United 877-542-9238 KanCare Ombudsman 855-646-8180 Kansas Corporation Commission 800-662-0027 Kansas Dept. for Aging and Disability Services 800-432-3535			
United			
United 877-542-9238 KanCare Ombudsman 855-646-8180 Kansas Corporation Commission 800-662-0027 Kansas Dept. for Aging and Disability Services 800-432-3535			
United			

# **About this directory:**

Explore Your Options is an introduction to the variety of services available to help Kansans remain in their homes. This booklet contains a detailed directory of the services available in the area of the state highlighted below. For a description of programs and services that may be available, see the companion booklet to this directory.



For further information about this directory and community services, contact:

Southeast Kansas Area Agency on Aging One West Ash Chanute, KS 66720 1-800-794-2440 or 620-431-2980 www.sekaaa.com